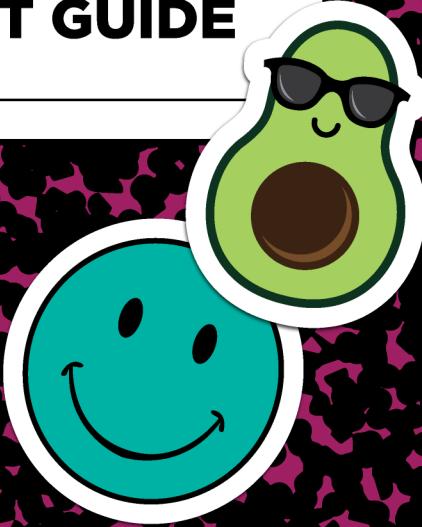




GIRLS STUDENT GUIDE

NAME: _____



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LESSON 1: GOD - OUR CREATOR

Welcome to Distinct for Girls!

The definition of distinct is _____.

God created us as females to live a _____ and _____ life for him where we are set apart from the culture around us.

💡 What does it mean to be set apart?

- We are made in the _____ of _____.
- We are broken sinners in need of _____.
- We are _____ and _____ by our Creator.
- We are given a specific purpose by God to bring strength to others by using our _____ individuality.

CREATED TO BEAR HIS IMAGE

📖 Genesis 1:26-27 Then God said, "Let us make human beings in our image, to be like us. They will reign over the fish in the sea, the birds in the sky, the livestock, all the wild animals on the earth, and the small animals that scurry along the ground." So God created human beings in his own image. In the image of God, he created them; male and female, he created them.

CREATED FOR HIM

 Colossians 1:16b . . . everything was created through him and for him.

God created us for his own _____, not our own.

 Matthew 28: 18-19 Jesus came and told his disciples, “I have been given all authority in heaven and on earth.”

Because everything was created for him and not ourselves, we know that God is our ultimate _____ and definer of what is true.

 **What does it mean that you are a creature of God's creation?**

 **How does knowing that God created us for his purpose affect the way we live our lives?**

 **Who else is in authority in your life? How do you view authority?**

 **Why is healthy authority a good thing?**

 **What is challenging about authority?**

CREATED TO EXPERIENCE HIS GOODNESS

BOOK Genesis 1:32 “Then God looked over all he had made, and he saw that it was very good!”

QUESTION Have you experienced the goodness of God? If so, how has that experience led to the way you talk and interact with other people?

QUESTION If you don't think you have experienced the goodness of God, is there someone in your life who has and told you about their experience?

NOTES

LESSON 2: GOD MADE YOU, YOU!

- We are made in the _____ of _____.
- We are broken sinners in need of _____.
- We are _____ and _____ by our Creator.
- We are given a specific purpose by God to bring strength to others by using our _____ individuality.

💡 How would you define or describe a female?

📖 Genesis 1:3-4 Then God said, “Let there be light,” and there was light. And God saw that the light was good. Then he separated the light from the darkness. God called the light “day” and the darkness “night.”

📖 Genesis 1:9-10 Then God said, “Let the waters beneath the sky flow together into one place, so dry ground may appear.” And that is what happened. God called the dry ground “land” and the waters “seas.” And God saw that it was good.

📖 Genesis 2:7, 18 Then the LORD God formed the man from the dust of the ground. He breathed the breath of life into the man’s nostrils, and the man became a living person. . . . Then the LORD God said, “It is not good for the man to be alone. I will make a helper who is just right for him.”

📖 Genesis 2:21-23 So the LORD God caused the man to fall into a deep sleep. While the man slept, the LORD God took out one of the man’s ribs and closed up the opening. Then the LORD God made a woman from the rib, and he brought her to the man. “At last!” the man exclaimed. “This one is bone from my bones and flesh from my flesh! She will be called ‘woman,’ because she was taken from ‘man.’”

Just like he created light and dark, land and sea, God created us _____ male and female.

Both male and female were created equal in _____ and _____ for his purpose and plan.

Our calling as females is to bring _____ to all of our relationships.

② Can you give an example of a female in your life who brings strength to others? How does she do that?

② In what ways are you already bringing strength to those around you (siblings, parents, small group)?

② Do you have new ideas for how you could bring strength to those around you?

BOOK Psalms 139:13,15 You made all the delicate, inner parts of my body and knit me together in my mother's womb . . . You watched me as I was being formed in utter seclusion, as I was woven together in the dark of the womb.

God knows me _____ and _____ me specifically for his purpose.

He made us all different, and that is good!

INTERESTS

SOME GIRLS LIKE TO...

- Run
- Write/read
- Play sports
- Travel/explore
- Learn new things
- Paint/draw
- _____
- _____
- _____

PERSONALITY

SOME GIRLS ARE...

- Quiet
- Loud
- Talkative
- Silly
- Organized
- Curious
- _____
- _____
- _____

RESPONSE

❸ Have you ever tried to act like someone else or be someone you are not? How?

❸ How did it make you feel when you were trying to act like someone else?

❸ What are some ways God has made you different or unique from others?

❸ What are some ways you give strength (support, encouragement) to others around you?

NOTES

LESSON 3: MAKING YOURSELF THE RULER

- We are made in the _____ of _____.
- We are broken sinners in need of _____.
- We are _____ and _____ by our Creator.
- We are given a specific purpose by God to bring strength to others by using our _____ individuality.

THE FALL

Genesis 2:16-17 But the Lord God warned him (Adam), “You may freely eat the fruit of every tree in the garden except the tree of the knowledge of good and evil. If you eat its fruit, you are sure to die.”

Genesis 3:6-7 The woman was **convinced**. She saw that the tree was beautiful and its fruit looked delicious, and she wanted the wisdom it would give her. So she took some of the fruit and ate it. Then she gave some to her husband, who was with her, and he ate it, too. At that moment their eyes were opened, and they suddenly felt shame at their nakedness.

What are some synonyms for the word convinced?

Do any of these words help you better understand what just happened?

Have you ever been talked into or convinced to do something? How did it make you feel or what did you learn?

The serpent creates _____, but the woman decides on her own that she will go along with the serpent.

She _____ on herself, thinking she knows better than God.

She wants to take _____ and do what she wants.

She wants to make herself the _____ in the situation, so she takes and eats the fruit.

?

What are some ways you have sinned toward others in your life?

?

Have you ever tried to lead when you were supposed to follow, been mean to someone (siblings, friends, parents), had a mean facial expression, not obeyed your parents, or only talked about yourself so you got attention? How did those interactions make the other person feel?

?

Have you ever confessed your sins to anyone or asked for forgiveness? If so, how did you feel afterward? If not, how does the idea of confession or asking for forgiveness make you feel?

MAKING YOURSELF THE RULER

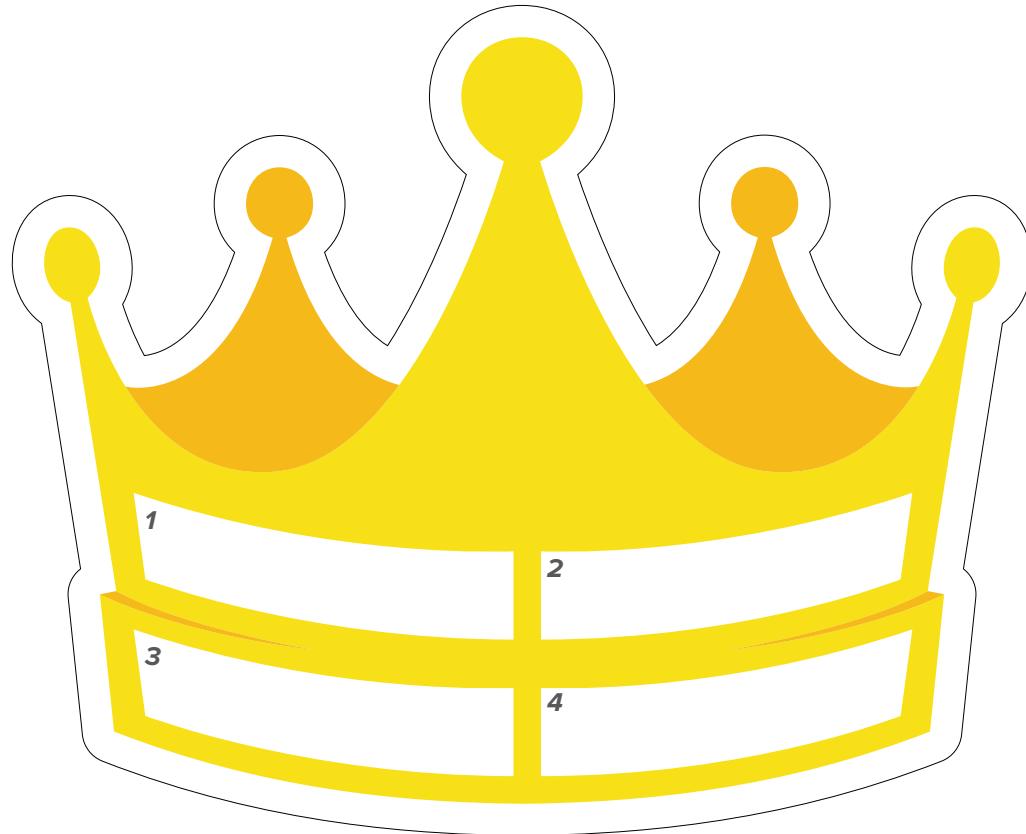
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Is there anyone that you need to build a relationship with that you are choosing not to? How can you try to love them and bring strength to them instead of only thinking of yourself?

?

Is there anyone that you are shutting out? How can you invite them into your life??

How I make myself the center and the ruler:



❓ When have you made yourself the center of a situation? What happened?

❓ How are you trying to make yourself the ruler of your life? With your parents? Siblings? friends? at school? In sports?

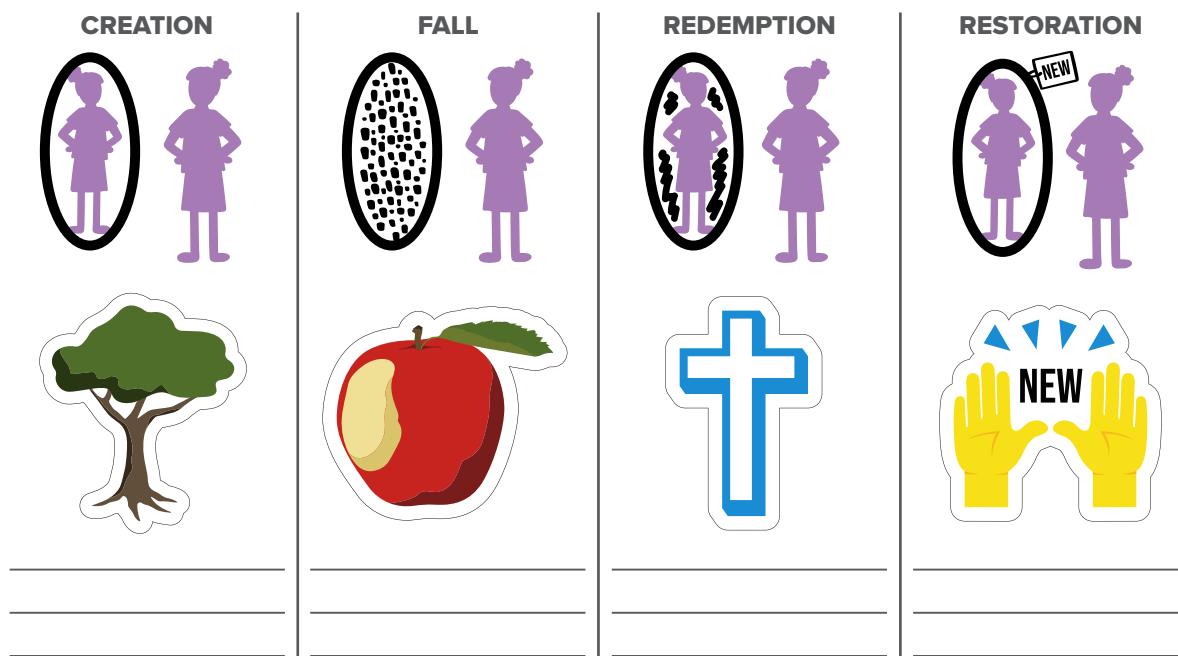
❓ How have your actions impacted others around you?

❓ What is one step you can take to think less of yourself and more of others?

NOTES

LESSON 4: BECAUSE OF CHRIST

- We are made in the _____ of _____.
- We are broken sinners in need of _____.
- We are _____ and _____ by our Creator.
- We are given a specific purpose by God to bring strength to others by using our _____ individuality.

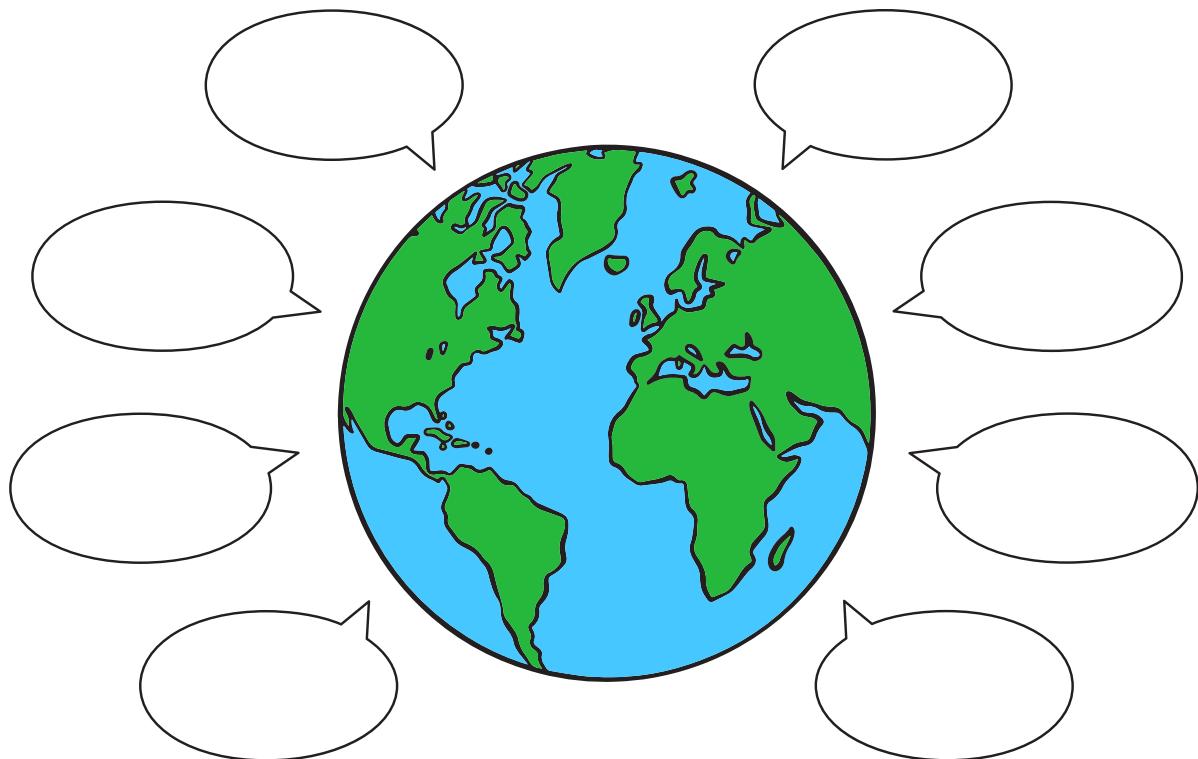


BOOK 2 Corinthians 5:17 This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

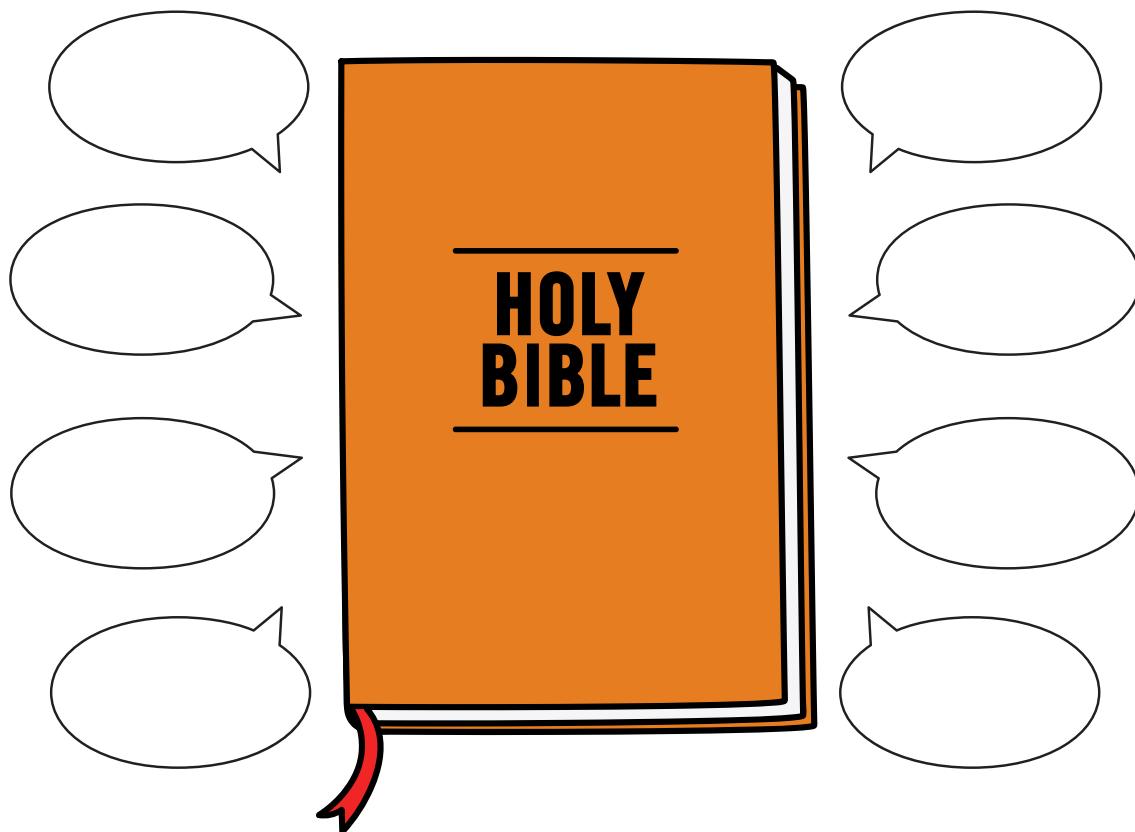
BOOK Romans 6:6 We know that our old sinful selves were crucified with Christ so that sin might lose its power in our lives. We are no longer slaves to sin.

BOOK 2 Peter 1:3 By his divine power, God has given us everything we need for living a godly life. We have received all of this by coming to know him, the one who called us to himself by means of his marvelous glory and excellence.

LIES FROM THE CULTURE



TRUTHS FROM THE BIBLE



NOTES

NOTES

LESSON 5: PUT IT INTO PRACTICE

- We are made in the _____ of _____.
- We are broken sinners in need of _____.
- We are _____ and _____ by our Creator.
- We are given a specific purpose by God to bring strength to others by using our _____ individuality.

MAIN IDEAS FROM SCRIPTURE

First, let's look to look at some big picture truths:

- God is the _____ authority of our lives and the definer of truth.
- God _____ you for a specific purpose to reflect his image to others in a broken world.
- God created us to _____ his goodness and blessings.
- (Through this, we are able to have that goodness flow out of us to others around us, ultimately pointing it all back to him.)
- We all _____ and struggle with trying to make ourselves the ruler. The sinful nature affects our ability to be an image bearer of God.
- When we turn from our sin and _____ that Jesus died for our sins and rose again, we are free to live without promoting or protecting ourselves because Jesus has paid for our sins with the perfect payment of his blood.
- Because of Christ, we are _____ to reflect the characteristics of God because our identity is rooted in him.

BECAUSE JESUS DID . . . I CAN . . .

Because Jesus is friendly, even though he was made fun of and mocked, I can _____

Because Jesus has forgiven me, _____.

Because Jesus sacrificed and served at a great cost to himself, I can _____.

Because I am loved and accepted by Jesus, I can _____.

Because Jesus was obedient without complaining, I am free _____.

MY STRENGTHS

All of our differences and the unique way God made us can be used as a strength when we remember who we are in Christ.

| STRENGTHS | HOW CAN MY STRENGTHS POINT OTHERS TO CHRIST? | HOW CAN I USE MY STRENGTHS TO HELP, SUPPORT, OR PUT OTHERS FIRST? |
|-----------|--|---|
| 1. | | |
| 2. | | |
| 3. | | |

NOTES

