



Week 1

Big idea: Comfort was created by God and is not always bad to seek. However, when we misplace our comfort in anything other than God, we make an idol out of it. We must dive under the surface to explore why we do the things we do and realize what is taking our attention away from God.

Leaders, we want your students to identify who/what they run to for comfort. Use Garrison's example to guide your group. Have students write down their own grid in their notebooks.

1	Identify what you're idolizing to get comfort.	Phone
2	Why does it make me feel good?	It offers escape from the real world
3	Form a "But God" statement about your answer to question 2.	"But God" truth about who he says you are or biblical truth ④

Garrison's "But God" statement: *I want to escape when I'm stressed and worried but God is the one in control and he provides true comfort when I rely on Him (2 Corinthians 1:3-7).*

Additional Questions to Help Identify Idols:

- An idol is anything that successfully takes our attention away from God. What is taking your attention away from God?
- God created comfort for us to find it specifically in Him. How do you find comfort in something or someone other than God?
- Hobbies are great and needed! Often our motivation is what ends up making something an idol. Tell us about something you enjoy doing and identify whether your motivation behind doing it aligns with God's Word or not.
- Do you always want the "next new thing?" How come? What do you hope to gain by having it?