

# SESSION 3

## A Call to Movement



### REVIEW

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Since the fall, we are \_\_\_\_\_.

*My people have committed two sins: they have forsaken me, the spring of living water, and have dug their own cisterns, broken cisterns that cannot hold water.*

— Jeremiah 2:13

*Is anyone thirsty? Come and drink—even if you have no money! Come, take your choice of wine or milk—it's all free! Why spend your money on food that does not give you strength? Why pay for food that does you no good? Listen to me, and you will eat what is good. You will enjoy the finest food. Come to me with your ears wide open. Listen, and you will find life. I will make an everlasting covenant with you. I will give you all the unfailing love I promised to David.*

— Isaiah 55:1-3

*O Jerusalem, Jerusalem, the city that kills the prophets and stones God's messengers! How often I have wanted to gather your children together as a hen protects her chicks beneath her wings, but you wouldn't let me.*

— Luke 13:34

## PROVERBS 5 (ESV)

My son, be attentive to my wisdom;  
incline your ear to my understanding,  
that you may keep discretion,  
and your lips may guard knowledge.  
For the lips of a forbidden woman drip honey,  
and her speech is smoother than oil,  
but in the end she is bitter as wormwood,  
sharp as a two-edged sword.  
Her feet go down to death;  
her steps follow the path to Sheol;  
she does not ponder the path of life;  
her ways wander, and she does not know it.  
And now, O sons, listen to me,  
and do not depart from the words of my mouth.  
Keep your way far from her,  
and do not go near the door of her house,  
lest you give your honor to others  
and your years to the merciless,  
lest strangers take their fill of your strength,  
and your labors go to the house of a foreigner,  
and at the end of your life you groan,  
when your flesh and body are consumed,  
and you say, "How I hated discipline,  
and my heart despised reproof!  
I did not listen to the voice of my teachers  
or incline my ear to my instructors.  
I am at the brink of utter ruin  
in the assembled congregation."

Drink water from your own cistern,  
flowing water from your own well.  
Should your springs be scattered abroad,  
streams of water in the streets?  
Let them be for yourself alone,  
and not for strangers with you.  
Let your fountain be blessed,  
and rejoice in the wife of your youth,  
a lovely deer, a graceful doe.  
Let her breasts fill you at all times with delight;  
be intoxicated always in her love.  
Why should you be intoxicated, my son, with a  
forbidden woman  
and embrace the bosom of an adulteress?  
For a man's ways are before the eyes of the Lord,  
and he ponders all his paths.  
The iniquities of the wicked ensnare him,  
and he is held fast in the cords of his sin.  
He dies for lack of discipline,  
and because of his great folly he is led astray.

Sexual immorality is a powerful \_\_\_\_\_.

## SIGNS OF ENSLAVEMENT

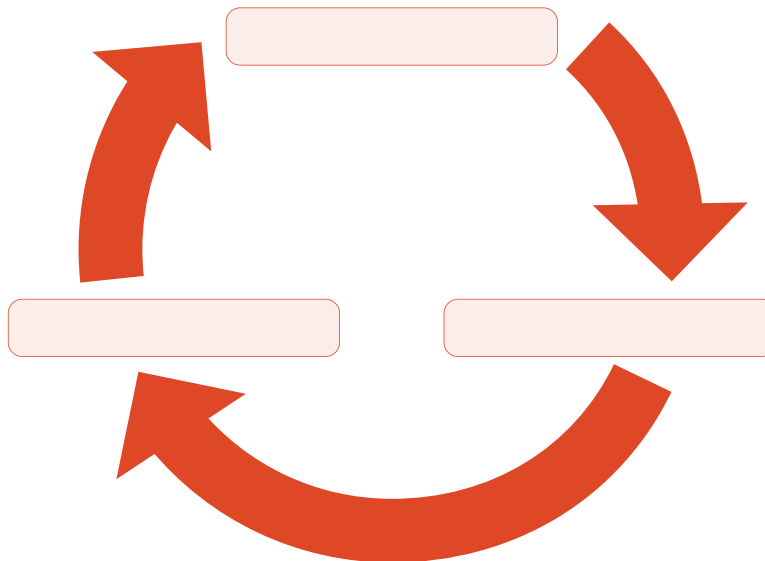
### Biblical

*Don't you realize that you become the slave of whatever you choose to obey? You can be a slave to sin, which leads to death, or you can choose to obey God, which leads to righteous living.*

— Romans 6:16

### Clinical

- Recurrent and intense sexual fantasies, sexual urges, and sexual behavior in association with excessive time consumed by sexual fantasies and urges, and by planning for and engaging in sexual behavior.
- Repetitively engaging in these sexual fantasies, urges, and behavior in response to dysphoric mood states (e.g., anxiety, depression, boredom, irritability).
- Repetitively engaging in sexual fantasies, urges, and behavior in response to stressful life events.
- Repetitive but unsuccessful efforts to control or significantly reduce these sexual fantasies, urges, and behavior.
- Repetitively engaging in sexual behavior while disregarding the risk for physical or emotional harm to self or others.<sup>1</sup>



<sup>1</sup>List compiled from “Understanding Sex Addiction” — <http://www.hypersexualdisorders.com>

## CONSEQUENCES

1. You squander your \_\_\_\_\_.
2. You squander your \_\_\_\_\_.
3. Your life will end in \_\_\_\_\_ and \_\_\_\_\_.

## A PATH OUT

### Confession

***Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results.***

**— James 5:16**

Confession needs to be as \_\_\_\_\_ as the consequences for your sin are.

### Repentance

***I am not sorry that I sent that severe letter to you, though I was sorry at first, for I know it was painful to you for a little while. Now I am glad I sent it, not because it hurt you, but because the pain caused you to repent and change your ways. It was the kind of sorrow God wants his people to have, so you were not harmed by us in any way. For the kind of sorrow God wants us to experience leads us away from sin and results in salvation. There's no regret for that kind of sorrow. But worldly sorrow, which lacks repentance, results in spiritual death.***

**— 2 Corinthians 7:8-10**

There are two types of sorrow: \_\_\_\_\_ sorrow and \_\_\_\_\_ sorrow.

### Restoration

***Dear brothers and sisters, if another believer is overcome by some sin, you who are godly should gently and humbly help that person back onto the right path. And be careful not to fall into the same temptation yourself. Share each other's burdens, and in this way obey the law of Christ. If you think you are too important to help someone, you are only fooling yourself. You are not that important.***

**— Galatians 6:1-3**

Restoration is not on my \_\_\_\_\_ or my \_\_\_\_\_.

## Discussion Questions

1. Have you ever been honest with anyone about your struggles with sexual sin? If so, how did that go? What was the result of it?
2. What steps do you know you need to take right now to initiate your path to restoration? What are you afraid will happen if you do take steps toward sexual purity?
3. Has your experience with sexual sin been marked by godly sorrow or worldly sorrow?
4. Who do you know that is spiritually mature enough to be a help and a guide for you now? How well do they know you, including your struggles and tendencies regarding sexual immorality?