

Proverbs

Huddle 3: A Strong Tower



SETTING THE ATMOSPHERE

As children arrive, collect the “In” slips and see which grade they are in for their huddle teams. Remember to check all slips to make sure children are to be in Up & Out this hour.

Team Time

Each team leader (student leader) should spend time getting a conversation started within the team to find out more about each child. Spend time today discussing the following questions up front...

- How did everyone do this past week with not being a bragger? Any examples?
- Have any of you ever been confused about things going on in your life or the world? What do we do when we are confused?

Huddle Teams

- 1st & 2nd grade girls
- 1st & 2nd grade boys
- 3rd & 4th grade girls
- 3rd & 4th grade boys

Opening Prayer

Leader prays for the group.

LESSON HUDDLE

Let's remind ourselves of what we are talking about right now in Up & Out. Who remembers? (*Proverbs*) What is a proverb? (*A short saying*) Is a proverb a promise in the Bible? (*No, a proverb is just a saying to learn by*) Can anyone tell me where the book of Proverbs is in the Bible? (*Old Testament, after Psalms, middle of the Bible when you open it up*) This week we are going to look at another verse in Proverbs. There is a lot to apply to our daily lives by just looking at one verse!

Let's read Proverbs 18:10. Would someone like to find this book in the Bible and read it very slowly and clearly to us? *Proverbs 18:10* says: “*The name of the Lord is a strong fortress; the godly run to him and are safe.*” Now allow someone else to have a turn to read the verse for today. What is a fortress? (*Allow answers*) A fortress is a tower. Look at these pictures of towers. What do you think is special about a tower? (*Tall, can see far away, can be protected by knowing enemies are coming.*) This proverb is telling us that the Lord's name is like a

fortress. Talk about how in war times both in the Bible and also long ago that cities used towers to protect themselves.

The Lord does not always provide answers for why we experience hard things in our lives. But, it does not mean that He does not provide help. The Lord is a place for us to run to when things are difficult and this proverb is saying that it is like running to a tower. God is always present and always available. Sometimes we need a safe place to go, and God is always there for us.

Pray and ask God to help us to remember to run to Him when things are difficult.

Huddle Up, Pray, & Break

ACTIVITY: Cup Pyramid Tower

Supplies Needed:

1 pack of Dixie cups (1 pack per bin)

Directions:

Take small, paper cups and build a pyramid against one of your walls. This will give it extra support to be extra tall. Depending on the number of kids, break up into smaller groups and have several wall towers going at once.





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