

Proverbs

Huddle 1: *Too Many Words*



SETTING THE ATMOSPHERE

As children arrive, collect the “In” slips and see which grade they are in for their huddle teams. Remember to check all slips to make sure children are to be in Up & Out this hour.

Team Time

Each team leader (student leader) should spend time getting a conversation started within the team to find out more about each child. Spend time today discussing the following questions up front...

- Have you ever said something that hurt someone else? (*Allow examples*)
- What were you thinking or how were you feeling when you said those hurtful things? (*Happy, angry, upset, wasn't thinking, etc*)
- Would you rather talk or would you rather listen? Why?
- Has anyone ever told you that you talk too much? Have you ever been around someone that is never quiet?

Huddle Teams

- 1st & 2nd grade girls
- 1st & 2nd grade boys
- 3rd & 4th grade girls
- 3rd & 4th grade boys

Lesson Prep: Think of a time when you said something you didn't mean, and a time where it was helpful for you to think before you spoke. Come up with some examples that would be appropriate and beneficial to share with elementary students. The lesson will focus on watching our words and being sensible with how we speak.

Opening Prayer

Leader prays for the group.

LESSON HUDDLE

Let's all come over together and get started this morning. Good morning, Up & Out. Where we look up (pause for the group to respond) **TO GOD** and look out (Pause) **TO OTHERS**.

This week we are beginning a new unit and focusing on “looking up to God.” We are going to do a unit on the book of Proverbs.

Does anyone know what Proverbs are? Proverbs are “short sayings that are in the Bible that give a simple truth to live a more godly life.” The word “proverb” means “to be like.” Learning and hearing about the proverbs in our Bible will help us to be more like Jesus.

Our verse for today is Proverbs 10:19. It says: *“Too much talk leads to sin. Be sensible and keep your mouth shut.”* Keep your mouth shut? What is the Bible talking about here? (Let the kids try to explain the verse)

It's easy to just say whatever we think of without realizing how it affects other people. God wants us to speak wisely. God wants us to use our words to encourage other people, to build them up and show them Christ's love. Sometimes, when we talk too much we end up sinning because we say things we shouldn't say.

What are some things you can do to speak in a way that shows God's love? (Allow the kids to respond.)

- Thinking before we speak
- Being respectful to our teachers
- Allowing our parent/babysitter to give us instructions without trying to interrupt
- Being aware of who is around us so that we don't hurt someone else's feelings

This week, your mission is to be someone who speaks words that build others up and show God's love. To be someone who thinks before you speak – think about why you are going to say what you are going to say. Is it respectful? Is it building others up or helping others? Is it showing love?

Why don't we pray right now and ask God to help us to watch what we say and how often we say it? We need God to help us not say things that we shouldn't leading us to sin.

Huddle Up, Pray, & Break

ACTIVITY: Keep It Kind

Divide up the boys and girls and have them sit in a circle with 8-10 boys or girls. Have each person think of something kind to say to someone in the group. Give examples like: “you always share with me,” or “when I hurt my knee, you made sure that I was okay.” Spend a couple of minutes demonstrating “sensible words.” Keep referencing our Proverb for the day. Also, leaders need to make sure that every child in the group is spoken to directly.



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