

# Center 1

## Colossians 3:12 T-Shirts

Go over the following verse with the kids, explaining what it means to “clothe yourselves” with the characteristics mentioned. “Since God chose you to be the holy people he loves, you must clothe yourselves with tenderhearted mercy, kindness, humility, gentleness, and patience. Colossians 3:12

The kids will tie-dye t-shirts that will serve as a reminder to “clothe” themselves in these traits. As you work, remind them of the verse and the need for patience. Explain to them that the shirts will have to dry, so they won’t get to take the shirts home until the following week.

(If you have any visitors who will not be here the next week, put the child’s shirt in a plastic bag and let them take it home today.)

Supplies: t-shirt, rubber bands, other tie-dyeing supplies, plastic bags

**Patience L3**

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# Center 2

## Taking Care of Your Plants

Give each child his/her plant. Have children water them with a Dixie cup and take them to window for light. Talk to the kids about patiently waiting for the plant to grow. We can’t just leave it alone. We have to take care of it by watering it and giving it sunlight. Just like we need to pray and read the Bible for us to grow and be more patient and kind with one another.

Supplies: water, small cups

**Patience L3**

# Center 3

## Dress-Up Relay

Have the kids line up in two lines at one side of the room and at the other end have dress up clothes in two piles (choose the same amount of items to make it fair.) Set up an obstacle course to make this more challenging (around chairs, over blocks, etc) and have the kids race to one side of the room get dressed up in the clothes and race back. Then have them take off the dress-up clothes and have the next runner dress up and run down and back. Remind them that we have to wait patiently for our turn and that we are to “put on” patience, gentleness, kindness, etc – like they were clothes just like the scripture says.

Supplies: dress-up clothes, chairs, blocks

**Patience L3**

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