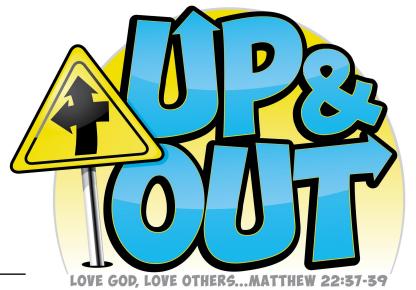


One Another

Huddle 7 – *Build One Another Up*



SETTING THE ATMOSPHERE

As children arrive, collect the “In” slips and see which grade they are in for their huddle teams. Remember to check all slips to make sure children are to be in Up & Out this hour.

Team Time

Each team leader should spend time getting a conversation started within the team to find out more about each child. Spend time today discussing the following questions up front...

- Share a time you have had the chance to share a burden with someone else.
- Does anybody have any stories about ways they were able to bear someone else’s burden at home, school, or with friends?

Huddle Teams

- 1st & 2nd grade girls
- 1st & 2nd grade boys
- 3rd & 4th grade girls
- 3rd & 4th grade boys

Opening Prayer

Leader prays for the group.

LESSON HUDDLE

Let’s all come over together and get started this morning. Good morning, Up & Out! Where we look up (pause for the group to respond) **TO GOD** and look out (Pause) **TO OTHERS**.

Let’s say our Bible verse for Up & Out: “Jesus replied, ‘You must love the Lord your God with all your heart, all your soul, and all your mind.’ This is the first and greatest commandment. A second is equally important: ‘Love your neighbor as yourself.’ Matthew 22:37-39.

Each week of this unit we will be learning a new “ONE ANOTHER”, such as, pray for one another, comfort one another, and serve one another. This week we get to talk about how God wants us to build each other up.

Romans 14:19 says to us, “So then, let us aim for harmony in the church and try to build each other up.” When you hear “build each other up” what do you think it means? Is building others up something you find hard to do or easy to do? Who can tell us why we should look for ways to

build one another up? Does anyone have any stories about someone building them up?

Some of us don't want to help build others up because we would rather them come build us up. We tend to think we are more important than others. Sometimes we are too selfish to get involved in the mess other people have made. However, we all would be better off if we chose to build one another up. Why do you think that is?

The Bible tells us that the church is like a body. We all have different gifts given to us by God, which make us unique. Those differences are meant to lead us to one another, not away from one another. They are meant to lead us to encourage one another and build one another up. Why? Because we are all a part of the same body and we need each other. We need each other to be strong and built up.

Let's listen to this passage from 1 Corinthians 12: 14-27:

14 Yes, the body has many different parts, not just one part. 15 If the foot says, "I am not a part of the body because I am not a hand," that does not make it any less a part of the body. 16 And if the ear says, "I am not part of the body because I am not an eye," would that make it any less a part of the body? 17 If the whole body were an eye, how would you hear? Or if your whole body were an ear, how would you smell anything? 18 But our bodies have many parts, and God has put each part just where he wants it. 19 How strange a body would be if it had only one part! 20 Yes, there are many parts, but only one body. 21 The eye can never say to the hand, "I don't need you." The head can't say to the feet, "I don't need you." 22 In fact, some parts of the body that seem weakest and least important are actually the most necessary. 23 And the parts we regard as less honorable are those we clothe with the greatest care. So we carefully protect those parts that should not be seen, 24 while the more honorable parts do not require this special care. So God has put the body together such that extra honor and care are given to those parts that have less dignity. 25 This makes for harmony among the members, so that all the members care for each other. 26 If one part suffers, all the parts suffer with it, and if one part is honored, all the parts are glad. 27 All of you together are Christ's body, and each of you is a part of it.

Remember from a few weeks ago when we talked about living in harmony with one another? Building one another up is one way we live in harmony with one another as the church. Try to find someone today and build them up. Tell them one reason why you are glad they're around or compliment them because of something you've seen them do that is unique and awesome.

Ask some of the children to pray or lead them in prayer that God will show them ways they can look out to others by building one another up. Pray that examples will be shown even during their time together during Up & Out.

Huddle Up, Pray, & Break

ACTIVITY: Pop Up Scripture Memory

Directions:

Revised 10/24

Form small groups of 6-8 children and have them sit in a circle. Let them practice our memory verse by each standing up and saying a certain number of words in the verse. The child must "pop up" with their particular word or words when it is their turn. Play different versions. Start with saying three words, then two, then one word. You can even have them make a different motion when they "pop up" like arms straight up or a jumping jack.

"Jesus replied, 'You must love the Lord your God with all your heart, all your soul, and all your mind.' This is the first and greatest commandment. A second is equally important: 'Love your neighbor as yourself.'" Matthew 22:37-39.

Beanbag Compliments

Supplies:

- Bean bag/small ball

Directions: Place the children in small groups and have each group form a circle. Toss a bean bag to one of the children in the circle. That child must say another child's name, greet him with a "hello" and then give him a compliment. Encourage the children to say things they have noticed about their friends' personalities, such as "You make me laugh" or "You are a good listener." After the game, talk with the children about how God wants us to encourage and build each other up.



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