

# **Activity I**

## **Kindness Kitchen**

Have the children make a meal for someone they know is in need. Maybe a friend of theirs had a baby in the home recently and could use the help. Talk to the children about opportunities that they can help with even at four and five years old. (Helping bake cookies for a neighbor, helping to carry groceries for a neighbor who just got home with a car full, sharing food with someone, etc.)

Supplies: basket of pretend food, play kitchen  
Kindness L1

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# **Activity 2**

## **Thank You Cards**

Have the kids color the cards to give to a teacher, pastor, or leader in the church. Talk to them about what a special note can do to show kindness and make someone feel appreciated. Then pray with them for the leaders/pastors/teachers in the church. “We always thank God for all of you, mentioning you in our prayers. We continually remember before our God and Father your work produced by faith, your labor prompted by love, and your endurance inspired by hope in our Lord Jesus Christ.” 1 Thessalonians 1:2-3

Supplies: 1 Thessalonians cards (1 per child), crayons  
Kindness L1

# **Activity 3**

## **Memory Verse Cards**

Give each child a verse card to decorate. Go over the memory verse a few times with the children.

Supplies: magnetic sleeves (for new children only), verse cards, stickers  
Kindness L1

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# **Activity 4**

## **Kindness Chain**

Give each child two strips of construction paper. On one strip have them write down something kind someone else did for them that week. Ask them if that motivated them to do something kind for someone else. Have them write down something kind they want to do for someone else this week. Talk to them about how God has shown kindness to us through sending His son Jesus. Because of this truth we are able to show kindness to others. By showing kindness to others they are motivated to show kindness and a kindness chain is started. Hook the strips of paper together to create a long kindness chain.

Supplies: Strips of construction paper (2 per child)  
Kindness L1