

Activity I

Light Catcher Craft

Tape a flattened coffee filter in the center of the back of the frame. Use the water color to color the filter. Punch a hole in the top of the frame and thread a piece of yarn (approximately 12") through it to create a loop so it can be hung.

Hang near a window to remind you to “let your light shine before men, that they may see your good deeds and praise your Father in heaven.” Matthew 5:16

Supplies: cardstock frame, coffee filter, roll of tape, watercolor paints, spool of yarn
Goodness L3

Activity 2

Blind Coloring

Place a bandana over the children’s eyes. Now ask them to draw a simple picture. You might have them draw a house or a tree or simple shapes for the younger ones. They could add any other simple thing you can think of (a sun, a flower, a bird, etc). Have the child remove the blindfold and then draw the same thing.

Discuss how simple things like drawing can be very difficult if we are in the dark. We would be so happy if someone turned a light on for us. In today’s story we learned about a very important kind of light that we need to turn on so other people can see Jesus.

Supplies: bandanas, white paper, crayons
Goodness L3

Activity 3

Light of the World

Make a tent out of chairs and the parachute (or turn the lights off if doing it with the whole group). Have all the kids get underneath the tent and talk to them about how dark it is when there is no light. Ask them how darkness makes them feel. (Afraid, alone, suspicious, etc.) Make sure you don't actually scare anyone. Turn on a flashlight under a large bowl. Talk to them about how if we hide our light others will not be able to see and know Jesus but if we let our light shine before men (take out the flashlight from under the bowl) and do good things for others then people see how good God is.

Supplies: flashlight, large bowl, parachute
Goodness L3

Activity 4

Salt-less Snack

When Jesus was comparing salt to his believers' witness to others, he emphasized that salt that has lost its flavor (saltiness) is not good for anything. Likewise believers who have lost their Christ-like attitudes and behaviors are not fruitful. Provide two saltine crackers with salt and two without salt on a napkin. Ask kids to eat the unsalted crackers first. Have them eat the salted version next and respond about the taste difference between the two. (Please seal unused crackers in the Ziploc bag so they'll stay fresh.)

Supplies: salted saltines, unsalted saltines, gallon-sized ziplock
Goodness L3