

# **Activity 1**

## **“Simon Says”**

Have the class stand up and play a round of "Simon Says." When the children respond to a command that begins with the phrase "Simon Says," they remain in the game. If they respond to a command without the command "Simon Says," they are eliminated and must sit down. When the game is over, explain to the class that we need to respond to the Lord's commands with instant obedience. Even though we do not always understand why Jesus tells us to do certain things, when we obey, we show our faith in Him.

Faithfulness L4

# **Activity 2**

## **The Mat Race**

First, divide the class into two teams. Have the kids in each team grab part of the bath towel (corners or sides) and stretch it out to make it like a trampoline. The teams will start at one end of the room, and while staying together keeping hold of the towel, race to the other end of the room. At this end, you will put a doll/puppet/stuffed animal on the top of the outstretched towel. Then the teams will race back to where they started while attempting to keep the doll from falling. This game will help reinforce the story about the man lowered down on a mat from the roof in Mark 2:1-12.

Supplies: two towels or blankets, two dolls/puppets/stuffed animals from Circle Time  
Faithfulness L4

## Activity 3

### Craft

Have children glue the house picture onto the front of the paper bag. Then have them glue their man to the cardstock. Then let them color the house and man while you come around and hole punch and tie (or tape) the string to the mat and the house together so they can lower the man into the house.

Supplies: brown paper lunch bags with tops cut down (1 per child), tape, glue sticks, hole punch, cardstock 2x3, man cutout, and house cutout, piece of yarn

Faithfulness L4

## Activity 4

### Faith on Track

You will need wide masking tape for this activity. With masking tape, make a trail (a line of masking tape) for the children to walk on. Weave and loop around and zigzag across the room. Make it join ends so that it is continuous. Split the children into two even teams. Start at opposite sides of the room with each team. When you say "go" each team should start. They need to go in opposite directions (they should end up going toward each other as they loop around). Explain to the children that their feet cannot step down anywhere except on the line. If they cross paths make sure the boys say excuse me and allow the girls to go first (they should not bump into each other as long as you make areas that cross over in your trail). If someone's foot comes off of the taped line have them start over.

Supplies: wide masking tape

Faithfulness L4