

SESSION SEVEN

Living Out Redeemed Masculinity

** Be sure to watch the U-571 movie clip before beginning the teaching session.

God puts all of us in _____ of decision. He wants us to be spiritually _____ and equipped for those moments.



PRESENT/ABSENT AUDIT

In each of these categories, what does it mean for you to be _____?

Women

Family

Work

Soul

Ministry

As you move in some of these areas, you will experience _____. This is important. Failure makes us _____.

I tell you the truth, unless a kernel of wheat is planted in the soil and dies, it remains alone. But its death will produce many new kernels—a plentiful harvest of new lives.

—John 12:24 NLT

DISCUSSION QUESTIONS:

1. What resonated with you from today's teaching? Where do you need to grow?

2. How do you humble yourself in your current season and honor your wife? If you are not married, how could you honor and be responsible for the women in your life (mother, co-workers, etc.)?

3. How do you engage with your children in this season of life? If you don't have children, how can you mentor, serve, and provide energy for the next generation?

4. What energy do you allocate to serve other people?

Session Seven Action Steps

MOVE IDEA: A 10 MINUTE ACTION STEP

Pick one of these categories: women, family, work, soul, or ministry

1. List out the major responsibilities you currently have in this area:

2. In which of these responsibilities are you doing well?

3. In which of these responsibilities are you weakest?

4. Decide a step you can take to increase your level of responsibility in that area and write it here:

5. Share your action step with someone this week.

MOVE IDEA: A 20-30 MINUTE ACTION STEP

Take some time to work through each side of the triangle. As you work through the questions below, determine people and situations you are responsible for.



Calling - Describe what it means to you to be responsible for something. Choose a person or a situation that has been entrusted to you.

Individuality - What is your personality like? Are you more verbal or laid back? Do you crave comfort or control? What kind of work history do you have, and how has that affected the way you handle conflict? What aspects of your childhood have shaped who you are and the way you see the world? Write some thoughts below:

Season - What season are you right now?

- Gen Z
- Millennials
- Gen X
- Baby boomer

Find someone in a different season than you and ask them to share insights about their calling and individuality. Write your observations and insights below:

Based on what you've learned, what are some ways you can be responsible for the people and situations that God has placed in your life?

MOVE IDEA: A 60 MINUTE ACTION STEP

Take some time to answer these questions about the following areas:

WOMEN

Wife

1. How do I love my wife in conflict and bring about resolution?

2. How do I humble myself in my current season and honor my wife or wife-to-be? How do I engage and lead in conflict, sex, communication, etc?

3. I must be responsible for and also live with her in an understanding way. How can I do this?

Mom

1. How do I manage my relationship with my mom?

2. How often should we speak and how can I pursue her? How will I manage this relationship in the future?

Women

1. How will I be available to vulnerable women I can help and engage in a non-romantic way?

2. How can I help protect and support women in my workplace?

FAMILY

Kids

1. How do I engage with my kids in this season of life?

2. What does disciplining children look like?

3. How do I help them understand what work looks like?

4. How will I pay for college?

5. What does fun look like with them?

6. If I don't have kids, how can I mentor, serve, and provide energy for the next generation?

WORK

1. How will I make money and provide?

2. How do I leverage my work for the gospel?

3. What talents and gifts have I discovered in this season of work?

4. Do I love work? Do I hate work? How is my work glorifying to the Lord?

SOUL

1. Who is in my biblical community and how are they helping me to grow?

2. With whom am I connecting outside of the group?

3. What are my views of the local church? Who is my authority?

4. Have I built time in my calendar to do something to grow spiritually this week? (Read a verse or chapter in the Bible, pray, take 15 minutes to focus on God, serve, do one thing every day to promote growth.)

5. What five things am I praying for that I am completely dependent on God for?

MINISTRY

1. What energy do I allocate to serve other people?

2. Have my kids seen me worship God, serve others, and read the Bible this week?