

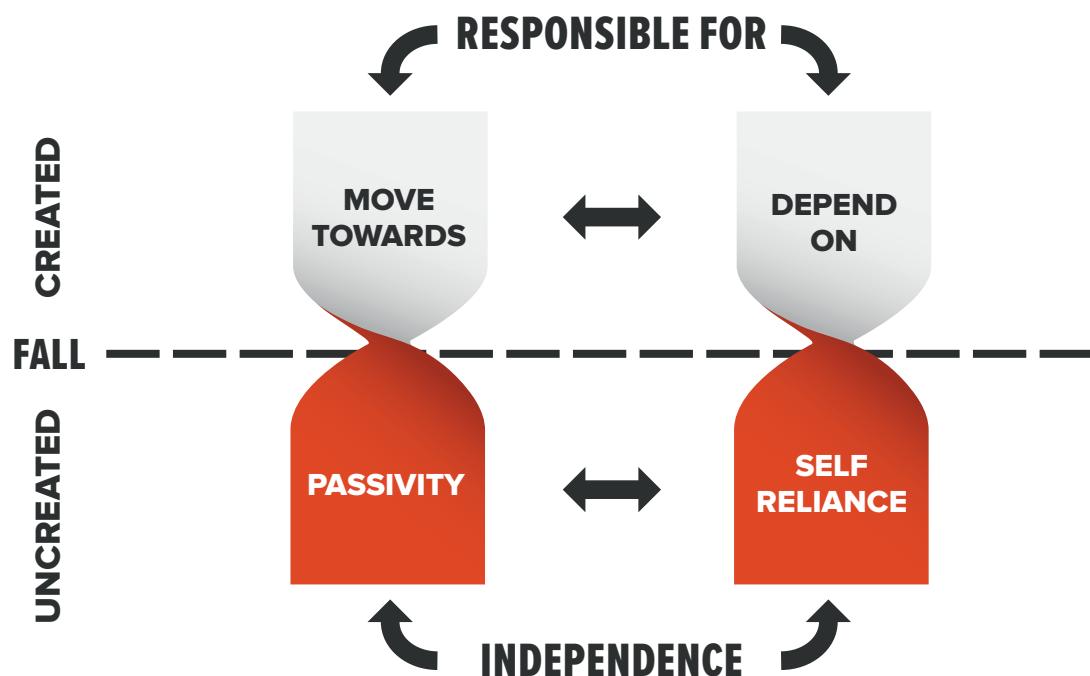
SESSION SIX

Redeeming Masculinity: Sin and the Gospel

What is salvation? Being _____ in Christ.

There are two distinct _____:

- One is in _____. (Romans 5:18-19)
- One is in _____. (1 Corinthians 15: 21-22)



Have you seen clear movement in your life where you went from being in _____ to being in _____?

REDEEMED MASCULINITY

STRONG FOR THE PEOPLE AND SITUATIONS THAT GOD BRINGS INTO HIS LIFE

UNION WITH CHRIST

Your connection to Jesus is what makes you a spiritually _____ or a spiritually _____ man.

A REDEEMED MANHOOD

FALLEN MANHOOD

REDEEMED MANHOOD

SELF-EXAMINATION Diagnosing an Independent Heart		
Passivity/Abdicate Passive Independence	Faith Dependence Responsibility for & Strength for	Self-reliance/Dominate Active Independence
Adam during the fall. Eve with the fig leaves.	God's mandate to Adam and Eve. "Making the unfruitful fruitful."	Eve during the fall. Adam with the fig leaves.

How do you move from being in Adam to being in Christ? _____ and _____.

If you openly declare that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

—Romans 10:9

DISCUSSION QUESTIONS

1. In discussing the “two Adams,” whom do you see yourself more unified with? Adam or Christ?

2. Do you find yourself depending on Christ or on the things you think Christ can do for you?

3. When it comes to identifying your own independent heart, where do you find yourself being passive or self-reliant?

4. What insights did you get from working through any of the Action Steps last week?

Session Six Action Steps

MOVE IDEA: A 10 MINUTE ACTION STEP

Read Jeremiah 17:5-8. Ask God to show you an area in your life where you have been operating independently of him. Write out some thoughts below. After you have finished, decide one step you can take this week to practically demonstrate your dependence on God. Be prepared to share your step, what you did, and what happened, with your group next week.

MOVE IDEA: A 20-30 MINUTE ACTION STEP

Call someone in your group and share the insights you have gained from your participation in Authentic Manhood so far. Share with them what you have liked best about the study, what is working, what is not working, what is missing, and what is confusing. Take time to focus on the teaching and actions steps you have worked through thus far.

Describe for them what it means for you to reject both passivity and self-reliance through the power of the gospel.

Invite them to share any insights they have based on what you shared. Write down their suggestions and commit to ways you can move.

MOVE IDEA: A 60 MINUTE ACTION STEP

- Review page 1 of the document **Diagnosing an Independent Heart** and note examples of passivity, self-reliance, and faithful dependence.
- Next, move to the continuum chart on page 2. Place an “X” indicating where you have been living in each area over the last few months.
- After you have completed the chart and identified where you tend towards passivity and self-reliance, proceed to the blank chart on page 3. Write out concrete action steps you will take to move towards faithful dependence in these areas.

- Some additional steps:
 - » Choose someone in your group you can call and share what you've learned. Identify the areas where you tend most toward passivity and the areas where you tend most toward self-reliance. Discuss your plans to move towards responsibility in these areas.
 - » If married, talk with your wife about your responses on the continuum. Discuss why you rated yourself this way and the action steps you have identified. Ask your spouse for additional insights.
 - » When you meet back together as a group the following week, share what you've learned.

Session Six: Self-Examination - Diagnosing an Independent Heart

	Passivity/Abdicate Passive Independence	Faith Dependence Responsible for and Strong for	Self-reliance/ Dominate Active Independence
	Examples	Examples	Examples
Work	lazy, takes the easy way	initiative	workaholism
Marriage	passivity, accepts status quo	proactivity	domination, manipulation
Children	ignored, detached	developed	over-attached
Emotions	apathy, denial	engaged, vulnerable, honest	anger, manipulation
Self-image	defeated, depressed	sinner, saint, child	self-righteous
Pleasure	avoidance, numbing	enjoyment	distraction, addiction
Dealing with Sin	acting out, giving in, contempt	continual repentence, worship, tell on yourself	performance, religion, legalism
Hobbies	none	fun, pursued, in proportion	all-in, obsessed
Church	disengaged, attending	invested, involved	uber-volunteer, worker
Money	no plan	stewarded, managed	hyper-focused
Sex	ignored, ambivalent	enjoyed, celebrated	obsessed, weaponized
Health	negligent, couch potato	balanced, stewards body well	over indulges, proud

Place an “X” on the continuum below that indicates where you have been living in each area over the last few months.



MY ACTION STEPS

Work	
Marriage	
Children	
Emotions	
Self-image	
Pleasure	
Dealing with Sin	
Hobbies	
Church	
Money	
Sex	
Health	