

SESSION THREE

Sexuality Wound

There is an absence of _____ men in the church and in the home.

INDEPENDENCE

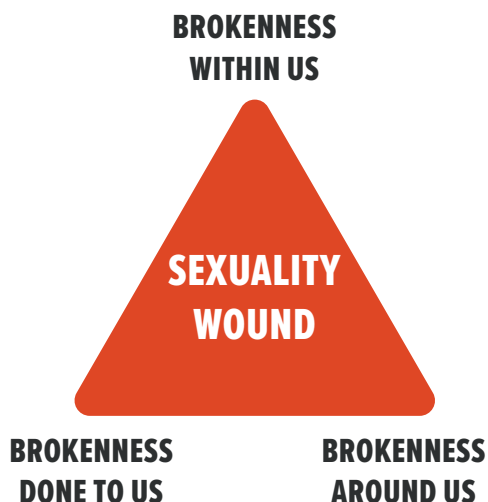


At the intersection of *moving towards* and *depending on* is _____.

WOUNDS

Every man has shaping _____ and shaping _____ in our story that have left an imprint on us.

Sex is never _____. It can be a powerful _____ or a powerful _____.



In order to be spiritually powerful men, you have to be _____ of your _____.

What does God have to do with sex?

- God created _____ and it is _____.
- As the _____ of sex, God gets to decide _____ it is used for our good.
- God created sex to build _____ in the exclusive commitment of _____ between man and woman.

2 Samuel 13:1-20

- Sexual sin is usually an attempt to meet a deeper _____ than sex can actually _____.
- Sexual sin is never _____.

Application

1. Engage your sexuality _____ and your sexuality _____.
 - **Goal:** Create _____.
2. Flee sexual _____.
 - **Goal:** Fight the battle before the battle.
3. _____ your masculine _____ on what you are _____ for.
 - **Goal:** Determine the three people you are most responsible for right now as a man.
4. You have to learn how to articulate your sexual _____ to your _____.
 - **Goal:** Lead your wife in such a way that she can _____ you.

DISCUSSION QUESTIONS

1. Where have you seen your sexual energy corrupted?

2. How have your experiences with sex and sexual brokenness from childhood through adulthood shaped you as a man?

3. Can you think of a situation where you have seen the absence of powerful men in the church or in the home? How has that impacted you or how do you think it would impact you?

4. What insights did you get from working through any of the Action Steps last week?

Session Three Action Steps

MOVE IDEA: A 10 MINUTE ACTION STEP

Take time this week to read Psalm 51:1-4. Confess your need for the Lord and share with him any sin that may be causing brokenness between you and him. Confess to another believer. Text them immediately and say, “I have something I need to confess.” Confess fully: “this is what I’ve done.” If you are on the receiving end of a confession, listen, pray, and offer to seek help.

After you have spoken to someone, what is one additional step you can take this week? Be prepared to share your step, what you did, and what happened, with your group next week.

MOVE IDEA: A 20-30 MINUTE ACTION STEP

David’s example teaches us that we should deploy our energy in the areas God has made us responsible for—like a king would deploy his troops on the battlefield. David chose to misuse his power towards Bathsheba instead of leading, and this caused his energy to be mismanaged. Commit to stewarding your energy wisely by setting goals and creating action steps to accomplish them.

1. How will you choose to deploy your energy in the areas God has made you responsible for?

2. Hebrews 4:12 says that the Word of God is powerful and active. It is a weapon that can be used to help us win in our battle against sexual sin. Commit to the rhythm of reading God’s Word daily. Write below how you will do that.

3. Serving is a great way to humble yourself and redeploy your energy. Ask your Men at Grace lead or campus staff where you can serve. Write below where you will serve and the schedule you will follow.

4. Write down what you think is God’s design for sex. Articulate your thoughts and then write below how you will honor God’s design and purpose for sex.

MOVE IDEA: A 60 MINUTE ACTION STEP

- Make an appointment with God. Ask him to reveal to you where your sexual energy has been corrupted.
 - Share your answers to the following questions with your responsible pastor, home group leader, and/or study leader.
 - » Have you experienced sexual abuse?
 - » When did you realize lust and masturbation were unhelpful and destructive?
 - » If applicable, when did you start lying about being exposed to pornography, engaging in sexual sin, or being the victim of abuse?
 - » If applicable, when did you first desire to be part of what God is doing more than giving in to this type of sin in your life?
 - » What would it look like for you to take your sexual story seriously?
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- Between now and your next session, make a decision and assign consequences to yourself the next time your sexual energy is corrupted. Consider who should know the next time you look at porn, indulge in lust, or misuse your sexual energy. Should your family get involved? Parents? The church? Your community/Men at Grace group? What privileges should you lose if you look at porn again? Consider what should be cut out of your life if you continue in your sin. What are you asking your spouse or mentor to do if you continue to look at porn? Write your answers below: