

SONS AND DAUGHTERS

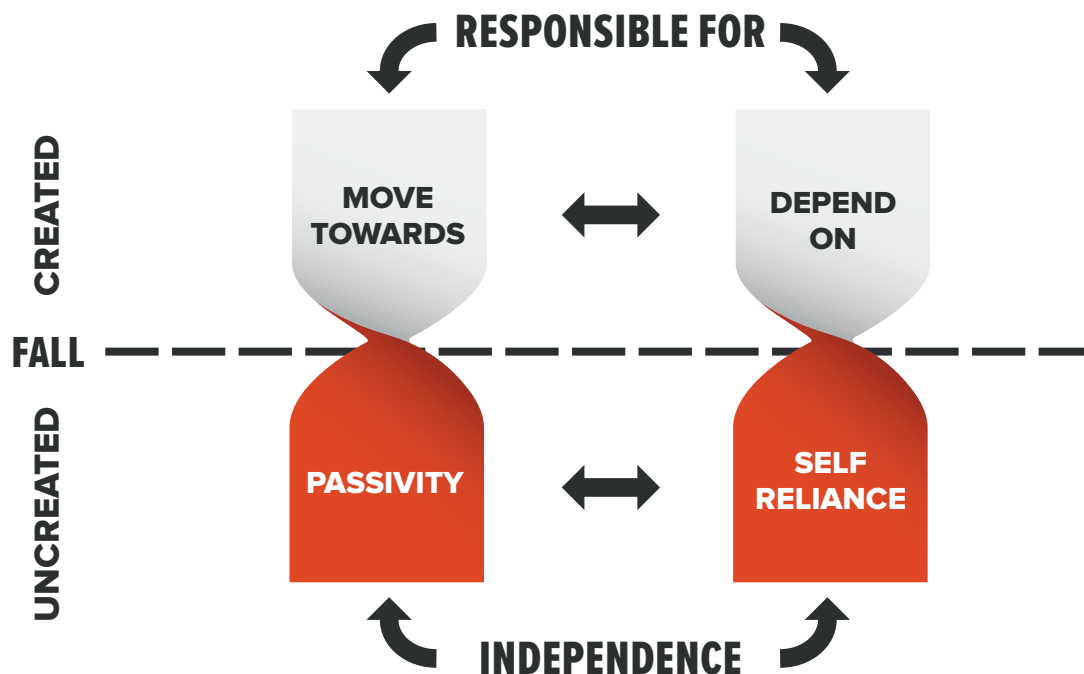
participant **GUIDE**

2nd EDITION

Table of Contents

Session One: Godly Manhood	5
Session Two: Godly Pursuits	9
Session Three: Raising Responsible Sons Years 8-14	13
Session Four: Raising Responsible Sons Years 15-19	15
Session Five: Raising Strong Daughters Years 8-14	19
Session Six: Raising Strong Daughters Years 15-19	23
A Wife of Noble Character	27

Our goal is to equip men to be responsible for the people and situations that God brings into their lives:



CREATED

As men, we were created and have a Creator. We have a God-given calling to be **Responsible For** others. This means we **Move Towards** the people and situations God places in our lives and **Depend On** God our Creator. This was God's perfect plan before the fall.

UNCREATED

After the fall, we no longer live as created beings. We do not position ourselves under our Maker but, instead, want to be like God. We live as though we are **Independent**, uncreated beings. This leads to **Passivity** and **Self-Reliance** in our lives, a complete perversion of the good thing God created.

SESSION 1

Godly Manhood



JESUS' SUMMARY OF GODLINESS

Matthew 22:36-40

³⁶ “Teacher, which is the most important commandment in the law of Moses?”

³⁷ Jesus replied, “You must love the Lord your God with all your heart, all your soul, and all your mind.’ ³⁸ This is the first and greatest commandment. ³⁹ A second is equally important: ‘Love your neighbor as yourself.’ ⁴⁰ The entire law and all the demands of the prophets are based on these two commandments.”

WHAT DOES IT LOOK LIKE FOR A MAN TO LOVE GOD AND LOVE HIS NEIGHBOR?

A negative example:

Genesis 2-3

- Embraces passivity
- Rejects responsibility
- Hides in fear
- Expects condemnation

A positive example:

Genesis 3:15

“He will strike your head, and you will strike his heel.”

Romans 5:6-8

⁶ When we were utterly helpless, Christ came at just the right time and died for us sinners. ⁷ Now, most people would not be willing to die for an upright person, though someone might perhaps be willing to die for a person who is especially good. ⁸ But God showed his great love for us by sending Christ to die for us while we were still sinners.

- Rejects passivity
- Accepts responsibility
- Leads courageously
- Expects God’s reward

GETTING CLEAR ON THE BOUNDARIES OF YOUR RESPONSIBILITIES

Cultivating Self-Awareness

QUESTIONS FOR DISCUSSION

1. I feel (equipped, lost, inadequate, encouraged) _____ in my journey to be a godly man.
Choose one descriptor or supply your own and explain why.
2. Describe an area of your life where you need help to grow towards expressing courageous leadership.
3. When you think about God's reward for you, what image comes to mind? Is it a powerful motivator for you?

SESSION 2

Godly Pursuits



RECAP

- Rejects passivity
- Accepts responsibility
- Leads courageously
- Expects God's reward

Our life and motivation come from being born of the _____

Practical Calling _____

MARRIED

SINGLE

DAD

CORRUPTION

SELF-AWARENESS

DAVID

1 Kings 1:5-6

⁵ About that time David’s son Adonijah, whose mother was Haggith, began boasting, “I will make myself king.” So he provided himself with chariots and charioteers and recruited fifty men to run in front of him. ⁶ Now his father, King David, had never disciplined him at any time, even by asking, “Why are you doing that?” Adonijah had been born next after Absalom, and he was very handsome.

QUESTIONS FOR DISCUSSION

1. Which of the three P's is a strength for you? Why?

2. Which one is a weakness? Why?

3. Is there anything that seems like an obvious next step for you?

4. Is there anything that is confusing for you about the three P's?

SESSION 3

Raising Responsible Sons | Years 8-14



A BRIEF WORD ABOUT GENDER AND PARENTING

- Be biblical
- Allow for individuality
- Be self-aware
- A brief word about AUTHORITY:

Relational: I _____ the _____ to be heard.

Positional: You _____ as unto the Lord.

The goal is not _____, but faith in God in matters that I cannot yet understand.

AUTHORITY SUMMARIZED : DO THIS.

- _____
- _____

CULTIVATING RESPONSIBILITY IN THE HEART OF A BOY

Why it's so important

Goals for this season

KEY STEPS IN THE PROCESS

1. Create a culture of responsibility.
2. Give him specific responsibilities—equip him to succeed—and give him feedback on the quality of his work.
3. Allow others to suffer / be inconvenienced when he fails.
4. Give him a wise guide (you) and help connect him to other wise guides.
5. Give him a vocabulary before he needs it.
6. Let him suffer for his own foolishness (appropriate for his age).
7. Help him begin to discover what kinds of things he is gifted to do.
8. Lead his mom to accept some wider boundaries, especially around managing (keeping him from) failure.
9. Protect him from the Immoral Woman until he is old enough to protect himself.
10. Read the signs and predict his future.
11. Banish shame from the equation.

SESSION 4

Raising Responsible Sons | Years 15-19



Psalm 127:4

Children born to a young man are like arrows in a warrior's hands.

A TALE OF TWO TREES

Jeremiah 17:5-8

⁵ Thus says the LORD: "Cursed is the man who trusts in man and makes flesh his strength, whose heart turns away from the LORD. ⁶ He is like a shrub in the desert, and shall not see any good come. He shall dwell in the parched places of the wilderness, in an uninhabited salt land. ⁷ "Blessed is the man who trusts in the LORD, whose trust is the LORD. ⁸ He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit." (ESV)

CHARACTERISTICS OF PARENTS WHO ARE OBSTACLES

They fear exposure

They love the approval of men

They are unreflective

MOVING FROM CONTROL TO INFLUENCE

DIGGING DEEPER CHANNELS

[illegible]

QUESTIONS FOR DISCUSSION

1. What are my weaknesses as a man, and how are they limiting my ability to move my son towards this vision of manhood? What are the first steps for me?
2. Are you on a pathway toward influence in your son's life? Why or why not?
3. Is your wife on board with a healthy vision for masculinity? If not, where is she out of step? What do you need to do to help her partner with you and your son in this process?

2. Are you on a pathway toward influence in your son's life? Why or why not?

3. Is your wife on board with a healthy vision for masculinity? If not, where is she out of step? What do you need to do to help her partner with you and your son in this process?

SESSION 5

Raising Strong Daughters | Years 8-14



INTRO

CORE SINS

Man _____

Woman _____

THE LIST

Identity

Affection

Princesses vs. Tomboys

Responsibility

Authority

Dating Doctrine

Sex/Purity

Modesty

Technology

Emotion

Parenting as a Team

QUESTIONS FOR DISCUSSION

1. What is your greatest concern about raising your daughter(s)? What excites you the most?

2. What kind of discussions are you and your wife having about your daughters? What topics need to be discussed?

3. Of all the topics discussed today, what are the top two that you either have not given much thought to or now know you need to work on?

4. If you were to have one significant conversation with your daughter this week, what would it be about?

SESSION 6

Raising Strong Daughters | Years 15-19



THE BIG PICTURE

Season of:

THE LIST

Pursuit

Affection

Dating

Sexuality

Autonomy

Predators

Technology

Friends

Self Aware

GOSPEL VS. REGRET

QUESTIONS FOR DISCUSSION

1. How do you and your wife complement each other in parenting? How have you leveraged that?
2. What have you found to be the most difficult issues for you and your wife to come to agreement on?
3. How have you changed in how you relate to your daughter(s) as they have gotten older?
4. What is something that was discussed in the teaching today that you have done well?
5. What are two areas discussed today that you need work on?

A WIFE OF NOBLE CHARACTER

Proverbs 31

¹⁰Who can find a virtuous and capable wife? She is more precious than rubies.

¹¹Her husband can trust her, and she will greatly enrich his life. ¹²She brings him good, not harm, all the days of her life.

¹³She finds wool and flax and busily spins it. ¹⁴She is like a merchant's ship, bringing her food from afar. ¹⁵She gets up before dawn to prepare breakfast for her household and plan the day's work for her servant girls. ¹⁶She goes to inspect a field and buys it; with her earnings she plants a vineyard. ¹⁷She is energetic and strong, a hard worker. ¹⁸She makes sure her dealings are profitable; her lamp burns late into the night. ¹⁹Her hands are busy spinning thread, her fingers twisting fiber.

²⁰She extends a helping hand to the poor and opens her arms to the needy.

²¹She has no fear of winter for her household, for everyone has warm clothes.

²²She makes her own bedspreads. She dresses in fine linen and purple gowns.

²³Her husband is well known at the city gates, where he sits with the other civic leaders.

²⁴She makes belted linen garments and sashes to sell to the merchants.

²⁵She is clothed with strength and dignity, and she laughs without fear of the future.

²⁶When she speaks, her words are wise, and she gives instructions with kindness. ²⁷She carefully watches everything in her household and suffers nothing from laziness.

²⁸Her children stand and bless her. Her husband praises her: ²⁹"There are many virtuous and capable women in the world, but you surpass them all!" ³⁰Charm is deceptive, and beauty does not last; but a woman who fears the Lord will be greatly praised. ³¹Reward her for all she has done. Let her deeds publicly declare her praise.

