



Holy – Lesson 5

2s and 3s

Memory Verse: Romans 6:23 “For the wages of sin is death, but the gift of God is eternal life through Jesus.” (KJV)

Key Point: Jesus saves us from our sin.

Bible Verse: Matt. 28:1-8, Mark 16:1-8, Luke 24:1-10

SCHEDULE:

Center Time

around 10 minutes

Help the individuals transition by actively engaging them from the beginning. Try setting up centers to color, play with blocks and Play-Doh, or do puzzles.

Memory Verse

Use the Memory Verse page and images to go over the memory verse by placing them in the correct order on the board (personal or pocket chart).

Coloring Sheet

Big Group Time

Lesson

- Read through the lesson below. For a shortened version, just read the bolded words.
- Within the lesson, there are numbers that correspond to the story point pictures. For example, (1) corresponds to the first story point and picture, and so on.
- Allow individuals to place pictures on the board (personal or pocket chart) in sequential order.

- Key Point
- Use the review questions to check for understanding.

Repeat Key Point & Memory Verse

Use the activities below for repetition of the story points, key points, and memory verse.

- Act out the Story.
- Bean Bag Toss: restate part of the story, memory verse, or key point when tossing.

Activity

Five Finger Gospel (optional)

LESSON:

Today, our lesson comes from Chapter 16 of the Book of Mark in the Bible. **Jesus’ tomb was** in a cave and **sealed with a huge, heavy stone** that was rolled in front of the door **so no one could get in** (1). Then **Pilate**, the Governor, had a seal **placed** on the tomb and **guards** stationed **at the tomb** (2).

On the third day after Jesus has died on the cross, **Mary Magdalene, Mary (the mother of Jesus), and Salome go to the tomb** (3) to bring spices and perfumes to put on Jesus’ body just as the sun is coming up. When they get there, **the stone** that sealed the door **of Jesus’ tomb has been rolled back** (4)! When they go inside, **there is an angel sitting on the right side** (5), and they are very surprised!

The angel says to them, “Do not be surprised. You are looking for Jesus of Nazareth, who was crucified. **He is risen** (6)! He is not here. See the

place where they laid him. Go and tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he said to you.”

The women quickly leave the tomb because they are so amazed. After that, **Jesus appears first to Mary Magdalene (7)**, and she goes and tells the disciples that she has seen him. The disciples do not believe her, but later, **Jesus appears to the disciples (8)**. When they see him, they believe!

Over the following few weeks Jesus gave the disciples instructions on what he wanted them to do. Then **after 40 days, Jesus went to heaven to be with God (9)**, the Father. **He promised to send** a special helper, **the Holy Spirit, to live in our hearts (10)**. The Holy Spirit is the Spirit of God that lives in the heart of all those who ask forgiveness for their sins and ask Jesus to be their Savior.

Key Point: Jesus saves us from our sin.

Review Questions

1. **Did you hear about a stone in the story?**
(A heavy stone was put in front of the door of Jesus’ tomb to seal it. It was rolled back when Mary Magdalene, Mary the mother of Jesus, and Salome came to the tomb on the third day.)
2. **Why was the tomb empty?** (Jesus was no longer in the tomb when the women came to the tomb. The angel said he had risen!)
3. **Did Jesus appear to the disciples?** (Yes.)
4. **Where did Jesus go when he left this world?**
(He went to heaven.)
5. **Who did Jesus say he would send to help us?** (The Holy Spirit)

ACTIVITIES:

The Tomb

Supplies

- Half a paper plate (one per child)
- Tomb opening rectangle (with “He is not here! He is risen!”) (one per child)

- Brown construction paper 3” circle (one per child)
- Bag of brown construction paper scraps (one per bin)
- Brad (one per child)
- Glue sticks or glue
- Hole punch

Today, we are going to make a tomb like the one Jesus was buried in. Give each child a paper plate half, several pieces of brown construction paper scraps, and a glue stick. If your bin has sheets of brown paper, have the children rip it into smaller pieces to glue onto the plate. Have them glue the brown paper scraps onto one entire side of the plate. Next, have them glue the “He is not here! He is risen!” rectangle to the center of the bottom of the plate (the flat edge) to be the opening of the cave. Put the brown circle over the rectangle (the opening of the cave). Punch a hole through the **SIDE** of the circle going all the way through the plate. Help them put a brad through the hole so that the circle can roll in front of the cave opening and roll away. (See craft sample picture.)

Have fun and let them do the crafts themselves, as much as possible. This is a hands-on way for them to learn who God is and remember what they learn. It doesn’t matter if they place the label or stickers in the wrong spot. What matters is teaching them who God is.

Build a Tomb

Supplies

Blocks

Have the children work together to make a large tomb out of the blocks in the classroom. Talk to them about how Jesus was taken to his tomb after he died, but he didn’t stay dead. Have the children take turns lying down in the tomb. Let the children complete the tomb around the child lying down. Then, have the children close their eyes and count to three. Help the child lying down in the tomb to sneak out as you slowly count to three. Then, tell the children it is the third day and the stone was rolled away. Let the

children knock the tomb apart and see that the tomb is empty. Let the children cheer, “Jesus has risen!” or “Jesus is alive!”