

# GOD IS...

a study of psalms







***Let everything that breathes  
sing praises to the Lord!  
Praise the Lord!***

Psalm 150:6

# INTRODUCTION

The Book of Psalms is full of praise, adoration, worship, lament, and even cries for help to our Creator, God. The Psalms are written by a group of authors who have taken their theology and understanding of God and created songs of worship that reflect his character. The Psalms have given new language to help us understand who God is and how we can respond to him in worship.

This summer, we want to spend time studying the Psalms so we can better understand who God is. In this study, we will focus on key attributes of God—some that we share with him, but others are his alone. One of the key takeaways we hope you gain is a better understanding of who God is and a greater desire to give him the praise and honor he deserves.

We will study 10 attributes of God, and throughout each attribute, you will engage with Scripture in four unique ways that help you give focused praise to our Creator. We hope this study illuminates God's Word and gives you some tools to better understand and read your Bible. As always, if you have questions or you don't understand something, reach out to your small group leader or Students staff person; they would love to help. Just because it is summer does not mean that you should do this reading plan alone. Invite your family, friends, small group leader, and student staff person into this study with you.

We are expectant and trust that if you spend this summer in the Psalms learning more about who God is, he will meet you there and it will not come back void.



# GLOSSARY OF PSALMS

## Good

23 • 71 • 100 • 107

## Just

1 • 9 • 11 • 89

## Merciful

67 • 86 • 103 • 25

## Holy

77 • 99 • 111 • 145

# WHAT TO EXPECT

## Verse Mapping

For each attribute, you will be asked to engage with Scripture through Verse Mapping. We have created an example to help you get started. Each time you map out a passage, there will be specific instructions for you to follow along with as well.



= Attributes / What God does



= How we respond

Write out any words you do not know / understand and search for a definition.

## Verse Mapping Example (Psalm 96)

<sup>1</sup> Sing a new song to the Lord!

Let the whole earth sing to the Lord!

<sup>2</sup> Sing to the Lord; praise his name.

Each day proclaim the good news that he saves.

<sup>3</sup> Publish his glorious deeds among the nations.

Tell everyone about the amazing things he does.

<sup>4</sup> Great is the Lord! He is most worthy of praise!

He is to be feared above all gods.

<sup>5</sup> The gods of other nations are mere idols,

but the Lord made the heavens!

<sup>6</sup> Honor and majesty surround him;

strength and beauty fill his sanctuary.

*majesty: royal power*

**6** <sup>7</sup> O nations of the world, recognize the Lord;



recognize that the Lord is glorious and strong.

<sup>8</sup> Give to the Lord the glory he deserves!

Bring your offering and come into his courts.

glory: take  
great pride or  
treasure in

<sup>9</sup> Worship the Lord in all his holy splendor.

Let all the earth tremble before him.

<sup>10</sup> Tell all the nations, "The Lord reigns!"

The world stands firm and cannot be shaken.

He will judge all peoples fairly.

tremble: to have a  
physical reaction to  
overload of emotions

<sup>11</sup> Let the heavens be glad, and the earth rejoice!

Let the sea and everything in it shout his praise!

<sup>12</sup> Let the fields and their crops burst out with joy!

Let the trees of the forest sing for joy

<sup>13</sup> before the Lord, for he is coming!

He is coming to judge the earth.

He will judge the world with justice,

and the nations with his truth.

## Guided Prayer

We have provided Guided Prayers to accompany some of the Psalms. Use the Psalm itself to guide how you fill in the blanks with details that apply to your life.

## Spotify Playlist

We have created a spotify playlist to enrich our study of God's character. There are different songs listed at the end of each chapter that highlight each attribute of God. This is a way for you to spend intentional time in worship along with reading Scripture. Feel free to like or save the playlist so it's easy for you to find throughout the summer.





**GOD IS**

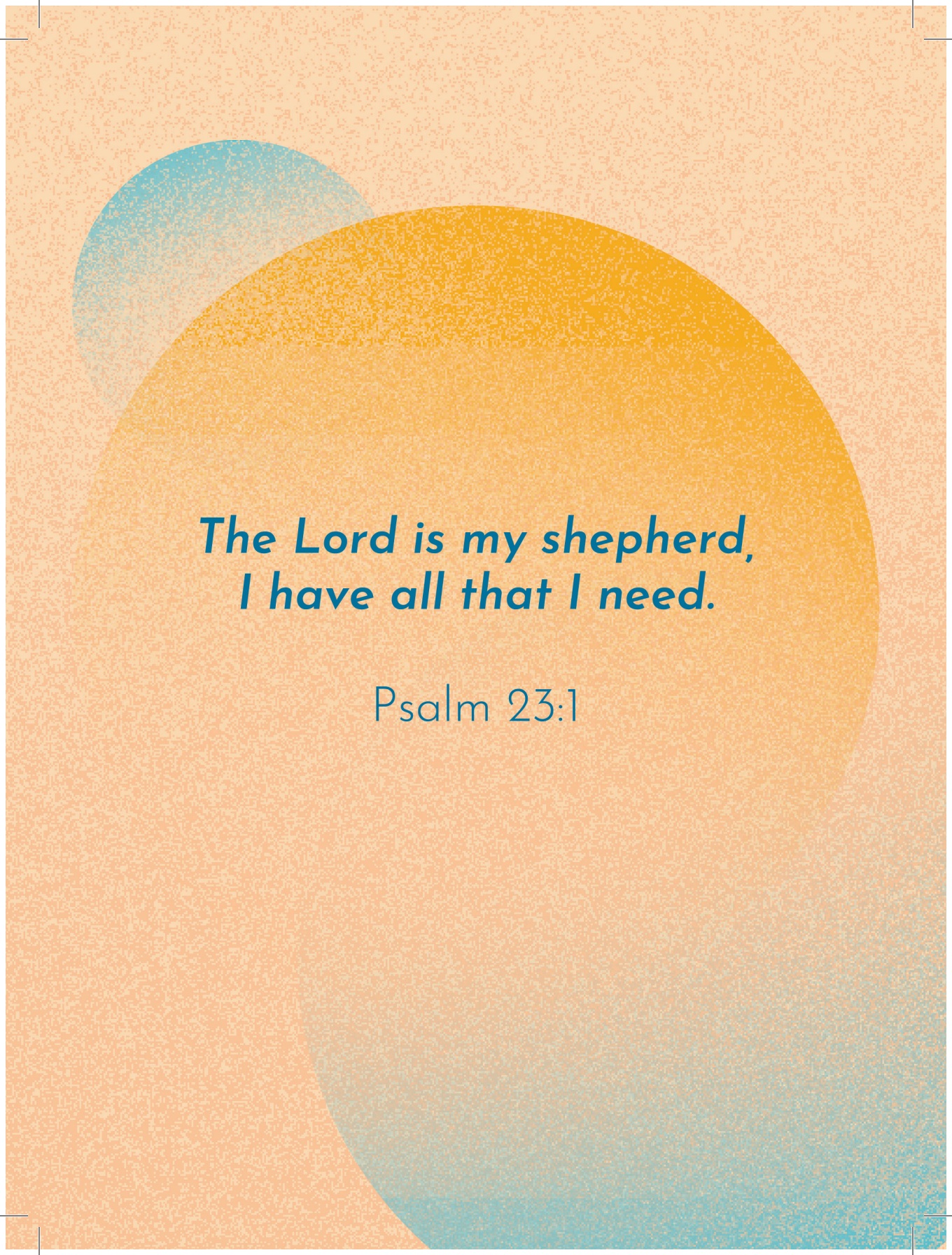
**GOOD**



*God is the  
final standard  
of what is good,  
and all he does is  
worthy of approval.*

**Psalms: 23, 71, 100, 107**



The background of the image features a light orange or peach-colored surface. Overlaid on this are two large, semi-transparent circles. One circle is a vibrant yellow-orange and is positioned in the center-right, partially overlapping a second circle. The second circle is a muted blue and is located towards the top-left and bottom-right corners. The text is centered within the yellow-orange circle.

***The Lord is my shepherd,  
I have all that I need.***

Psalm 23:1

# PSALM 23

1. Read through the entire Psalm.
2. Now, read through it again and do the following:
  - Circle descriptions of who God is and what he provides for us.
  - Underline what we receive because of God's goodness.
  - If there are any words you don't know or understand, write them to the side and take a moment to define.

A psalm of David.

<sup>1</sup> The Lord is my shepherd;

I have all that I need.

<sup>2</sup> He lets me rest in green meadows;

he leads me beside peaceful streams.

<sup>3</sup> He renews my strength.

He guides me along right paths,

bringing honor to his name.

<sup>4</sup> Even when I walk

through the darkest valley,

I will not be afraid,

for you are close beside me.

Your rod and your staff



protect and comfort me.

<sup>5</sup> You prepare a feast for me

in the presence of my enemies.

You honor me by anointing my head with oil.

My cup overflows with blessings.

<sup>6</sup> Surely your goodness and unfailing love will pursue me

all the days of my life,

and I will live in the house of the Lord

forever.

## PSALM 71

<sup>1</sup> O Lord, I have come to you for protection;

don't let me be disgraced.

<sup>2</sup> Save me and rescue me,

for you do what is right.

Turn your ear to listen to me,

and set me free.

<sup>3</sup> Be my rock of safety

where I can always hide.

Give the order to save me,  
for you are my rock and my fortress.

<sup>4</sup> My God, rescue me from the power of the wicked,  
from the clutches of cruel oppressors.

<sup>5</sup> O Lord, you alone are my hope.  
I've trusted you, O Lord, from childhood.

<sup>6</sup> Yes, you have been with me from birth;  
from my mother's womb you have cared for me.  
No wonder I am always praising you!

<sup>7</sup> My life is an example to many,  
because you have been my strength and protection.

<sup>8</sup> That is why I can never stop praising you;  
I declare your glory all day long.

<sup>9</sup> And now, in my old age, don't set me aside.  
Don't abandon me when my strength is failing.

<sup>10</sup> For my enemies are whispering against me.  
They are plotting together to kill me.

<sup>11</sup> They say, "God has abandoned him.  
Let's go and get him,  
for no one will help him now."

12 O God, don't stay away.

My God, please hurry to help me.

13 Bring disgrace and destruction on my accusers.

Humiliate and shame those who want to harm me.

14 But I will keep on hoping for your help;

I will praise you more and more.

15 I will tell everyone about your righteousness.

All day long I will proclaim your saving power,

though I am not skilled with words.

16 I will praise your mighty deeds, O Sovereign Lord.

I will tell everyone that you alone are just.

17 O God, you have taught me from my earliest childhood,

and I constantly tell others about the wonderful things you do.

18 Now that I am old and gray,

do not abandon me, O God.

Let me proclaim your power to this new generation,

your mighty miracles to all who come after me.

19 Your righteousness, O God, reaches to the highest heavens.

You have done such wonderful things.

Who can compare with you, O God?



20 You have allowed me to suffer much hardship,  
but you will restore me to life again  
and lift me up from the depths of the earth.

21 You will restore me to even greater honor  
and comfort me once again.

22 Then I will praise you with music on the harp,  
because you are faithful to your promises, O my God.  
I will sing praises to you with a lyre,  
O Holy One of Israel.

23 I will shout for joy and sing your praises,  
for you have ransomed me.

24 I will tell about your righteous deeds  
all day long,  
for everyone who tried to hurt me  
has been shamed and humiliated.

## Questions

Rewrite Psalm 71 in your own words. What is the author saying?

What does the Lord provide for those that seek after him?

How are we to respond to who God is?

GOOD

15



# PSALM 100

A psalm of thanksgiving.

<sup>1</sup> Shout with joy to the Lord, all the earth!

<sup>2</sup> Worship the Lord with gladness.

Come before him, singing with joy.

<sup>3</sup> Acknowledge that the Lord is God!

He made us, and we are his.

We are his people, the sheep of his pasture.

<sup>4</sup> Enter his gates with thanksgiving;

go into his courts with praise.

Give thanks to him and praise his name.

<sup>5</sup> For the Lord is good.

His unfailing love continues forever,

and his faithfulness continues to each generation.

# GUIDED PRAYER

## Response to Psalm 100

Dear God,

Thank you for being a good God. Today, I acknowledge that you are worthy of my praise (vs 1–2). You are a God who reigns and rules over all things, and I am grateful that you are God and that I am not. (vs 3) God, I want to praise you for

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Thank you that you made me and that I get to serve you all the days of my life. You are a good shepherd, and I am grateful that as your sheep, I can find rest knowing you are good and you care for me. You give me all I need, and I can find rest in you. You have provided

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in my life, and I want to thank you. You are a gracious and loving God, and I am undeserving of your love. (vs 3)

God, I am grateful I can enter your presence and offer up praises and worship to your name. You are worthy of my praise, and you are worthy of all I have. I acknowledge that in

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area of my life, I have not been fully trusting you. Today, I give it to you because I know you are in control and you deserve every area of my life, not just some. (vs 4)

God, you are good. You are faithful, and your love is steadfast. You are a God who is close to his people, and I am grateful that I have your Word and that I can look back at how you have provided time and time again for your people. (vs 5)

Amen



# PSALM 107

<sup>1</sup> Give thanks to the Lord, for he is good!

His faithful love endures forever.

<sup>2</sup> Has the Lord redeemed you? Then speak out!

Tell others he has redeemed you from your enemies.

<sup>3</sup> For he has gathered the exiles from many lands,

from east and west,

from north and south.

<sup>4</sup> Some wandered in the wilderness,

lost and homeless.

<sup>5</sup> Hungry and thirsty,

they nearly died.

<sup>6</sup> “Lord, help!” they cried in their trouble,

and he rescued them from their distress.

<sup>7</sup> He led them straight to safety,

to a city where they could live.

<sup>8</sup> Let them praise the Lord for his great love

and for the wonderful things he has done for them.

<sup>9</sup> For he satisfies the thirsty

and fills the hungry with good things.

<sup>10</sup> Some sat in darkness and deepest gloom,

- imprisoned in iron chains of misery.
- 11 They rebelled against the words of God,  
scorning the counsel of the Most High.
- 12 That is why he broke them with hard labor;  
they fell, and no one was there to help them.
- 13 “Lord, help!” they cried in their trouble,  
and he saved them from their distress.
- 14 He led them from the darkness and deepest gloom;  
he snapped their chains.
- 15 Let them praise the Lord for his great love  
and for the wonderful things he has done for them.
- 16 For he broke down their prison gates of bronze;  
he cut apart their bars of iron.
- 17 Some were fools; they rebelled  
and suffered for their sins.
- 18 They couldn’t stand the thought of food,  
and they were knocking on death’s door.
- 19 “Lord, help!” they cried in their trouble,  
and he saved them from their distress.
- 20 He sent out his word and healed them,  
snatching them from the door of death.
- 21 Let them praise the Lord for his great love  
and for the wonderful things he has done for them.



- 22 Let them offer sacrifices of thanksgiving  
and sing joyfully about his glorious acts.
- 23 Some went off to sea in ships,  
plying the trade routes of the world.
- 24 They, too, observed the Lord's power in action,  
his impressive works on the deepest seas.
- 25 He spoke, and the winds rose,  
stirring up the waves.
- 26 Their ships were tossed to the heavens  
and plunged again to the depths;  
the sailors cringed in terror.
- 27 They reeled and staggered like drunkards  
and were at their wits' end.
- 28 "Lord, help!" they cried in their trouble,  
and he saved them from their distress.
- 29 He calmed the storm to a whisper  
and stilled the waves.
- 30 What a blessing was that stillness  
as he brought them safely into harbor!
- 31 Let them praise the Lord for his great love  
and for the wonderful things he has done for them.
- 32 Let them exalt him publicly before the congregation  
and before the leaders of the nation.

- 33 He changes rivers into deserts,  
and springs of water into dry, thirsty land.
- 34 He turns the fruitful land into salty wastelands,  
because of the wickedness of those who live there.
- 35 But he also turns deserts into pools of water,  
the dry land into springs of water.
- 36 He brings the hungry to settle there  
and to build their cities.
- 37 They sow their fields, plant their vineyards,  
and harvest their bumper crops.
- 38 How he blesses them!  
They raise large families there,  
and their herds of livestock increase.
- 39 When they decrease in number and become impoverished  
through oppression, trouble, and sorrow,
- 40 the Lord pours contempt on their princes,  
causing them to wander in trackless wastelands.
- 41 But he rescues the poor from trouble  
and increases their families like flocks of sheep.
- 42 The godly will see these things and be glad,  
while the wicked are struck silent.
- 43 Those who are wise will take all this to heart;  
they will see in our history the faithful love of the Lord.





## Reflect:

What does this passage tell us about God's goodness?

How have you seen God's goodness in your life?

Write in your own words what it means that our God is good.

# NOTES

## For Further Study

Psalm 25:8-10  
James 1:17  
Psalm 34:8  
Psalm 106  
Psalm 135

## Songs

*Good Good Father*  
*Goodness of God*  
*Every Good Thing*  
*Trust You (You are Good)*



# NOTES


GOOD



GOOD

25


# GOD IS JUST

An abstract graphic design featuring a large yellow circle in the background. Overlaid on this are several blue geometric shapes: a large triangle pointing upwards, a horizontal bar, and two semi-circles. The shapes are arranged in a way that suggests a stylized figure or a set of architectural elements.

*God is the  
ultimate  
standard  
for what is  
right. All he  
does is right.*

Psalms: 1, 9, 11, 89



The background of the image features a light orange or peach-colored surface. Overlaid on this are two large, semi-transparent circles. The circle in the foreground is a vibrant blue, while the one behind it is a lighter, golden-yellow color. The text is centered within the blue circle.

***But the Lord reigns  
forever, executing judgment  
from his throne.***

Psalm 9:7



# PSALM 9

1. Read through the entire Psalm.
2. Now, read through it again and do the following:
  - Circle words or phrases that highlight God's justice.
  - Underline how we are instructed to respond to God's justice.
  - If there are any words you don't know or understand, write them to the side and take a moment to define.

For the choir director: A psalm of David, to be sung to the tune "Death of the Son."

<sup>1</sup> I will praise you, Lord, with all my heart;

I will tell of all the marvelous things you have done.

<sup>2</sup> I will be filled with joy because of you.

I will sing praises to your name, O Most High.

<sup>3</sup> My enemies retreated;

they staggered and died when you appeared.

<sup>4</sup> For you have judged in my favor;

from your throne you have judged with fairness.

<sup>5</sup> You have rebuked the nations and destroyed the wicked;

you have erased their names forever.

<sup>6</sup> The enemy is finished, in endless ruins;

the cities you uprooted are now forgotten.

<sup>7</sup> But the Lord reigns forever,  
executing judgment from his throne.

<sup>8</sup> He will judge the world with justice  
and rule the nations with fairness.

<sup>9</sup> The Lord is a shelter for the oppressed,  
a refuge in times of trouble.

<sup>10</sup> Those who know your name trust in you,  
for you, O Lord, do not abandon those who search for you.

<sup>11</sup> Sing praises to the Lord who reigns in Jerusalem.  
Tell the world about his unforgettable deeds.

<sup>12</sup> For he who avenges murder cares for the helpless.  
He does not ignore the cries of those who suffer.

<sup>13</sup> Lord, have mercy on me.  
See how my enemies torment me.  
Snatch me back from the jaws of death.

<sup>14</sup> Save me so I can praise you publicly at Jerusalem's gates,  
so I can rejoice that you have rescued me.

<sup>15</sup> The nations have fallen into the pit they dug for others.  
Their own feet have been caught in the trap they set.

16 The Lord is known for his justice.

The wicked are trapped by their own deeds. *Quiet Interlude*

17 The wicked will go down to the grave.

This is the fate of all the nations who ignore God.

18 But the needy will not be ignored forever;

the hopes of the poor will not always be crushed.

19 Arise, O Lord!

Do not let mere mortals defy you!

Judge the nations!

20 Make them tremble in fear, O Lord.

Let the nations know they are merely human. *Interlude*

## PSALM 1

1 Oh, the joys of those who do not

follow the advice of the wicked,

or stand around with sinners,

or join in with mockers.

2 But they delight in the law of the Lord,

meditating on it day and night.

3 They are like trees planted along the riverbank,



bearing fruit each season.

Their leaves never wither,

and they prosper in all they do.

<sup>4</sup> But not the wicked!

They are like worthless chaff, scattered by the wind.

<sup>5</sup> They will be condemned at the time of judgment.

Sinners will have no place among the godly.

<sup>6</sup> For the Lord watches over the path of the godly,

but the path of the wicked leads to destruction.

## Questions

Rewrite Psalm 1 in your own words. What is the author saying?

What is this passage telling us to turn away from?

According to this passage, how does the Lord protect the godly?

# PSALM 11

For the choir director: A psalm of David.

<sup>1</sup> I trust in the Lord for protection.

So why do you say to me,

“Fly like a bird to the mountains for safety!

<sup>2</sup> The wicked are stringing their bows

and fitting their arrows on the bowstrings.

They shoot from the shadows

at those whose hearts are right.

<sup>3</sup> The foundations of law and order have collapsed.

What can the righteous do?”

<sup>4</sup> But the Lord is in his holy Temple;

the Lord still rules from heaven.

He watches everyone closely,

examining every person on earth.

<sup>5</sup> The Lord examines both the righteous and the wicked.

He hates those who love violence.

<sup>6</sup> He will rain down blazing coals and burning sulfur on the wicked,

punishing them with scorching winds.

<sup>7</sup> For the righteous Lord loves justice.

The virtuous will see his face.

# GUIDED PRAYER

## Response to Psalm 11

Dear God,

I trust in you for all things and like this passage says, I trust in you for

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ (vs 1).

Somewhere in my life I need protection today is

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_.

You are a Holy God who is reigning over all things in heaven and earth. You see all things, you know all things, and you over ruling over all things. You are closely \_\_\_\_\_ every person on earth (vs 4), so God, I ask now that you would examine me. Reveal sin in my life, reveal areas of my life that I am not trusting you, reveal to me ways that I am creating idols instead of focusing my gaze on you.

You are a \_\_\_\_\_ God (vs 7). I know that at the end of time, you will examine both the \_\_\_\_\_ and the \_\_\_\_\_ (vs 5). God I ask that you would show me my sin and help me to turn from that and to pursue righteousness—a life that honors you (vs 5) .

Amen



# PSALM 89

<sup>1</sup> I will sing of the Lord's unfailing love forever!

Young and old will hear of your faithfulness.

<sup>2</sup> Your unfailing love will last forever.

Your faithfulness is as enduring as the heavens.

<sup>3</sup> The Lord said, "I have made a covenant with David, my chosen servant.

I have sworn this oath to him:

<sup>4</sup> 'I will establish your descendants as kings forever;

they will sit on your throne from now until eternity.'" *Interlude*

<sup>5</sup> All heaven will praise your great wonders, Lord;

myriads of angels will praise you for your faithfulness.

<sup>6</sup> For who in all of heaven can compare with the Lord?

What mightiest angel is anything like the Lord?

<sup>7</sup> The highest angelic powers stand in awe of God.

He is far more awesome than all who surround his throne.

<sup>8</sup> O Lord God of Heaven's Armies!

Where is there anyone as mighty as you, O Lord?

You are entirely faithful.

<sup>9</sup> You rule the oceans.

You subdue their storm-tossed waves.

<sup>10</sup> You crushed the great sea monster.

You scattered your enemies with your mighty arm.

<sup>11</sup> The heavens are yours, and the earth is yours;

everything in the world is yours—you created it all.

<sup>12</sup> You created north and south.

Mount Tabor and Mount Hermon praise your name.

<sup>13</sup> Powerful is your arm!

Strong is your hand!

Your right hand is lifted high in glorious strength.

<sup>14</sup> Righteousness and justice are the foundation of your throne.

Unfailing love and truth walk before you as attendants.

<sup>15</sup> Happy are those who hear the joyful call to worship,

for they will walk in the light of your presence, Lord.

<sup>16</sup> They rejoice all day long in your wonderful reputation.

They exult in your righteousness.

<sup>17</sup> You are their glorious strength.

It pleases you to make us strong.

<sup>18</sup> Yes, our protection comes from the Lord,

and he, the Holy One of Israel, has given us our king.

<sup>19</sup> Long ago you spoke in a vision to your faithful people.

You said, "I have raised up a warrior.

I have selected him from the common people to be king.

<sup>20</sup> I have found my servant David.

I have anointed him with my holy oil.

<sup>21</sup> I will steady him with my hand;

with my powerful arm I will make him strong.

<sup>22</sup> His enemies will not defeat him,

nor will the wicked overpower him.

<sup>23</sup> I will beat down his adversaries before him

and destroy those who hate him.

<sup>24</sup> My faithfulness and unfailing love will be with him,

and by my authority he will grow in power.

<sup>25</sup> I will extend his rule over the sea,

his dominion over the rivers.

<sup>26</sup> And he will call out to me, 'You are my Father,

my God, and the Rock of my salvation.'

<sup>27</sup> I will make him my firstborn son,

the mightiest king on earth.



28 I will love him and be kind to him forever;  
my covenant with him will never end.

29 I will preserve an heir for him;  
his throne will be as endless as the days of heaven.

30 But if his descendants forsake my instructions  
and fail to obey my regulations,

31 if they do not obey my decrees  
and fail to keep my commands,

32 then I will punish their sin with the rod,  
and their disobedience with beating.

33 But I will never stop loving him  
nor fail to keep my promise to him.

34 No, I will not break my covenant;  
I will not take back a single word I said.

35 I have sworn an oath to David,  
and in my holiness I cannot lie:

36 His dynasty will go on forever;  
his kingdom will endure as the sun.

37 It will be as eternal as the moon,  
my faithful witness in the sky!" *Interlude*

38 But now you have rejected him and cast him off.

You are angry with your anointed king.

39 You have renounced your covenant with him;

you have thrown his crown in the dust.

40 You have broken down the walls protecting him

and ruined every fort defending him.

41 Everyone who comes along has robbed him,

and he has become a joke to his neighbors.

42 You have strengthened his enemies

and made them all rejoice.

43 You have made his sword useless

and refused to help him in battle.

44 You have ended his splendor

and overturned his throne.

45 You have made him old before his time

and publicly disgraced him. *Interlude*

46 O Lord, how long will this go on?

Will you hide yourself forever?

How long will your anger burn like fire?

47 Remember how short my life is,

how empty and futile this human existence!

48 No one can live forever; all will die.

No one can escape the power of the grave. *Interlude*

49 Lord, where is your unfailing love?

You promised it to David with a faithful pledge.

50 Consider, Lord, how your servants are disgraced!

I carry in my heart the insults of so many people.

51 Your enemies have mocked me, O Lord;

they mock your anointed king wherever he goes.

52 Praise the Lord forever!

Amen and amen!





## Reflect

What does this passage say about God's justice?

Why is God's justice a good thing for us?

Write in your own words what it means that God is just.

# NOTES

## For Further Study

Romans 6:20-23

Psalm 33:4–5

Psalm 72

Isaiah 53

Romans 2: 1-11

## Songs

*This is Kingdom*

*Act Justly, Love Mercy,  
Walk Humbly*

*But God*

*Lion and the Lamb*



JUST

41

# NOTES

JUST


42



JUST

43


# GOD IS MERCIFUL



*God extends  
compassion to  
those in distress.*

**Psalms: 25, 67, 86, 103**



The background of the image features a solid light orange color. Overlaid on this are two large, semi-transparent circles. One circle is a vibrant yellow-orange and is positioned in the center-right. The other circle is a light blue and is positioned behind the yellow one, towards the top-left and bottom-right corners.

***May God be merciful  
and bless us. May his face  
smile with favor on us.***

Psalm 67:1



# PSALM 86

1. Read through the entire Psalm.
2. Now, read through it again and do the following:
  - Circle descriptions of who God is or what he does for us.
  - Underline how we are instructed to respond to God's mercy.
  - If there are any words you don't know or understand, write them to the side and take a moment to define.

A prayer of David.

<sup>1</sup> Bend down, O Lord, and hear my prayer;

answer me, for I need your help.

<sup>2</sup> Protect me, for I am devoted to you.

Save me, for I serve you and trust you.

You are my God.

<sup>3</sup> Be merciful to me, O Lord,

for I am calling on you constantly.

<sup>4</sup> Give me happiness, O Lord,

for I give myself to you.

<sup>5</sup> O Lord, you are so good, so ready to forgive,

so full of unfailing love for all who ask for your help.

<sup>6</sup> Listen closely to my prayer, O Lord;

hear my urgent cry.

<sup>7</sup> I will call to you whenever I'm in trouble,

and you will answer me.

<sup>8</sup> No pagan god is like you, O Lord.

None can do what you do!

<sup>9</sup> All the nations you made

will come and bow before you, Lord;

they will praise your holy name.

<sup>10</sup> For you are great and perform wonderful deeds.

You alone are God.

<sup>11</sup> Teach me your ways, O Lord,

that I may live according to your truth!

Grant me purity of heart,

so that I may honor you.

<sup>12</sup> With all my heart I will praise you, O Lord my God.

I will give glory to your name forever,

<sup>13</sup> for your love for me is very great.

You have rescued me from the depths of death.

<sup>14</sup> O God, insolent people rise up against me;

a violent gang is trying to kill me.

You mean nothing to them.

<sup>15</sup> But you, O Lord,

are a God of compassion and mercy,

slow to get angry

and filled with unfailing love and faithfulness.

<sup>16</sup> Look down and have mercy on me.

Give your strength to your servant;

save me, the son of your servant.

<sup>17</sup> Send me a sign of your favor.

Then those who hate me will be put to shame,

for you, O Lord, help and comfort me.

## PSALM 103

A psalm of David.

<sup>1</sup> Let all that I am praise the Lord;

with my whole heart, I will praise his holy name.

<sup>2</sup> Let all that I am praise the Lord;

may I never forget the good things he does for me.

<sup>3</sup> He forgives all my sins

and heals all my diseases.



- 4 He redeems me from death  
and crowns me with love and tender mercies.
- 5 He fills my life with good things.  
My youth is renewed like the eagle's!
- 6 The Lord gives righteousness  
and justice to all who are treated unfairly.
- 7 He revealed his character to Moses  
and his deeds to the people of Israel.
- 8 The Lord is compassionate and merciful,  
slow to get angry and filled with unfailing love.
- 9 He will not constantly accuse us,  
nor remain angry forever.
- 10 He does not punish us for all our sins;  
he does not deal harshly with us, as we deserve.
- 11 For his unfailing love toward those who fear him  
is as great as the height of the heavens above the earth.
- 12 He has removed our sins as far from us  
as the east is from the west.
- 13 The Lord is like a father to his children,  
tender and compassionate to those who fear him.
- 14 For he knows how weak we are;  
he remembers we are only dust.

15 Our days on earth are like grass;

like wildflowers, we bloom and die.

16 The wind blows, and we are gone—

as though we had never been here.

17 But the love of the Lord remains forever

with those who fear him.

His salvation extends to the children's children

18 of those who are faithful to his covenant,

of those who obey his commandments!

19 The Lord has made the heavens his throne;

from there he rules over everything.

20 Praise the Lord, you angels,

you mighty ones who carry out his plans,

listening for each of his commands.

21 Yes, praise the Lord, you armies of angels

who serve him and do his will!

22 Praise the Lord, everything he has created,

everything in all his kingdom.

Let all that I am praise the Lord.

## Questions

Rewrite Psalm 103 in your own words. What is the author saying?

What does this passage reveal to us about man?

Who does this passage say that God is?



# PSALM 67

For the choir director: A song. A psalm, to be accompanied by stringed instruments.

<sup>1</sup> May God be merciful and bless us.

May his face smile with favor on us. Interlude

<sup>2</sup> May your ways be known throughout the earth,  
your saving power among people everywhere.

<sup>3</sup> May the nations praise you, O God.

Yes, may all the nations praise you.

<sup>4</sup> Let the whole world sing for joy,

because you govern the nations with justice

and guide the people of the whole world. Interlude

<sup>5</sup> May the nations praise you, O God.

Yes, may all the nations praise you.

<sup>6</sup> Then the earth will yield its harvests,

and God, our God, will richly bless us.

<sup>7</sup> Yes, God will bless us,

and people all over the world will fear him.

# GUIDED PRAYER

## Response to Psalm 67

Lord,

You are full of mercy. I am a sinner, deserving of death and unworthy of my next breath, but in your mercy, you sustain my life. You keep evil far from me when I did nothing to deserve that kind of love. You showed me mercy by

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Thank you for the blessings you have poured out on me.

Your mercy is great and overflowing. Because of that, all I can do is praise your name and live my life for your glory. (vs 5) Psalm 67 says that you richly bless your people, even when we are undeserving. God, I want to praise you for

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Thank you for providing

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in my life. Help me to live out my days praising your name.

Amen

# PSALM 25

A psalm of David.

<sup>1</sup> O Lord, I give my life to you.

<sup>2</sup> I trust in you, my God!

Do not let me be disgraced,

or let my enemies rejoice in my defeat.

<sup>3</sup> No one who trusts in you will ever be disgraced,

but disgrace comes to those who try to deceive others.

<sup>4</sup> Show me the right path, O Lord;

point out the road for me to follow.

<sup>5</sup> Lead me by your truth and teach me,

for you are the God who saves me.

All day long I put my hope in you.

<sup>6</sup> Remember, O Lord, your compassion and unfailing love,

which you have shown from long ages past.

<sup>7</sup> Do not remember the rebellious sins of my youth.

Remember me in the light of your unfailing love,

for you are merciful, O Lord.

<sup>8</sup> The Lord is good and does what is right;

he shows the proper path to those who go astray.



- <sup>9</sup> He leads the humble in doing right,  
teaching them his way.
- <sup>10</sup> The Lord leads with unfailing love and faithfulness  
all who keep his covenant and obey his demands.
- <sup>11</sup> For the honor of your name, O Lord,  
forgive my many, many sins.
- <sup>12</sup> Who are those who fear the Lord?  
He will show them the path they should choose.
- <sup>13</sup> They will live in prosperity,  
and their children will inherit the land.
- <sup>14</sup> The Lord is a friend to those who fear him.  
He teaches them his covenant.
- <sup>15</sup> My eyes are always on the Lord,  
for he rescues me from the traps of my enemies.
- <sup>16</sup> Turn to me and have mercy,  
for I am alone and in deep distress.
- <sup>17</sup> My problems go from bad to worse.  
Oh, save me from them all!
- <sup>18</sup> Feel my pain and see my trouble.  
Forgive all my sins.

<sup>19</sup> See how many enemies I have

and how viciously they hate me!

<sup>20</sup> Protect me! Rescue my life from them!

Do not let me be disgraced, for in you I take refuge.

<sup>21</sup> May integrity and honesty protect me,

for I put my hope in you.

<sup>22</sup> O God, ransom Israel

from all its troubles.

## Reflect:

In Psalm 25, the psalmist asks God to show mercy to him. What does that mean? What would it look like for God to show mercy?

Define in your own words what it means that God is merciful.

MERCIFUL

How has God been merciful to you?

# NOTES

## For Further Study

Romans 8:31–39

Colossians 1:11–22

## Songs

*Church Arise*

*His Mercy is More*

*Hallelujah  
for the Cross*



MERCIFUL

57



# NOTES

MERCIFUL


MERCIFUL

59



**GOD IS**

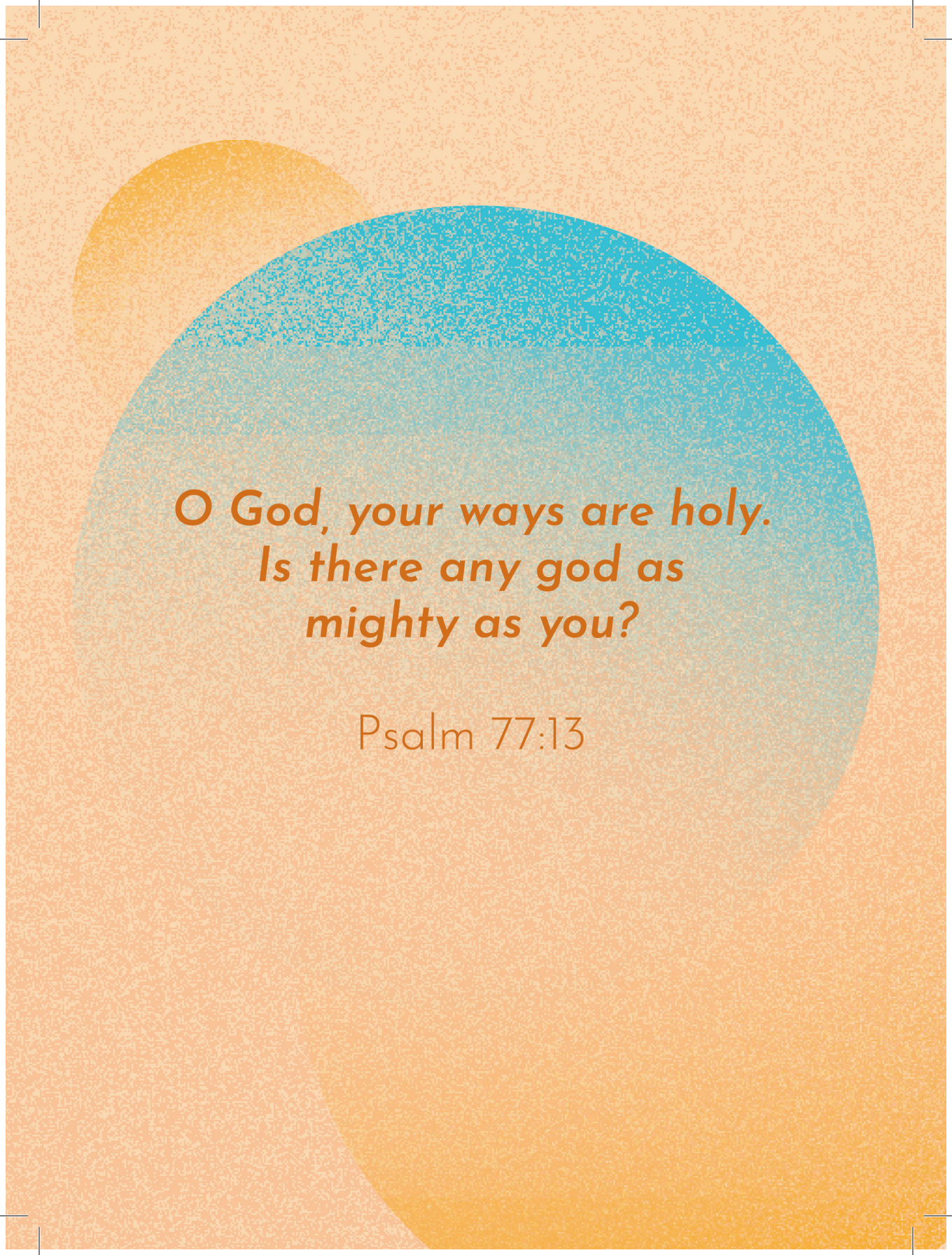
**HOLY**



*The absolute  
moral purity of  
God, completely  
set apart.*

**Psalms: 145, 77, 99, 111**



The background of the image features a textured orange surface. Overlaid on this are two large, semi-transparent circles. The larger circle in the foreground is a vibrant blue, while a smaller, lighter orange circle is positioned behind it to the upper left. The text is centered within the blue circle.

***O God, your ways are holy.  
Is there any god as  
mighty as you?***

Psalm 77:13

# PSALM 145

1. Read through the entire Psalm.
2. Now, read through it again and do the following:
  - Circle descriptions of who God is or what he does for us.
  - Underline how we are instructed to respond to God's holiness.
  - If there are any words you don't know or understand, write them to the side and take a moment to define.

A psalm of praise of David.

<sup>1</sup> I will exalt you, my God and King,  
and praise your name forever and ever.

<sup>2</sup> I will praise you every day;  
yes, I will praise you forever.

<sup>3</sup> Great is the Lord! He is most worthy of praise!  
No one can measure his greatness.

<sup>4</sup> Let each generation tell its children of your mighty acts;  
let them proclaim your power.

<sup>5</sup> I will meditate on your majestic, glorious splendor  
and your wonderful miracles.

<sup>6</sup> Your awe-inspiring deeds will be on every tongue;  
I will proclaim your greatness.



<sup>7</sup> Everyone will share the story of your wonderful goodness;  
they will sing with joy about your righteousness.

<sup>8</sup> The Lord is merciful and compassionate,  
slow to get angry and filled with unfailing love.

<sup>9</sup> The Lord is good to everyone.  
He showers compassion on all his creation.

<sup>10</sup> All of your works will thank you, Lord,  
and your faithful followers will praise you.

<sup>11</sup> They will speak of the glory of your kingdom;  
they will give examples of your power.

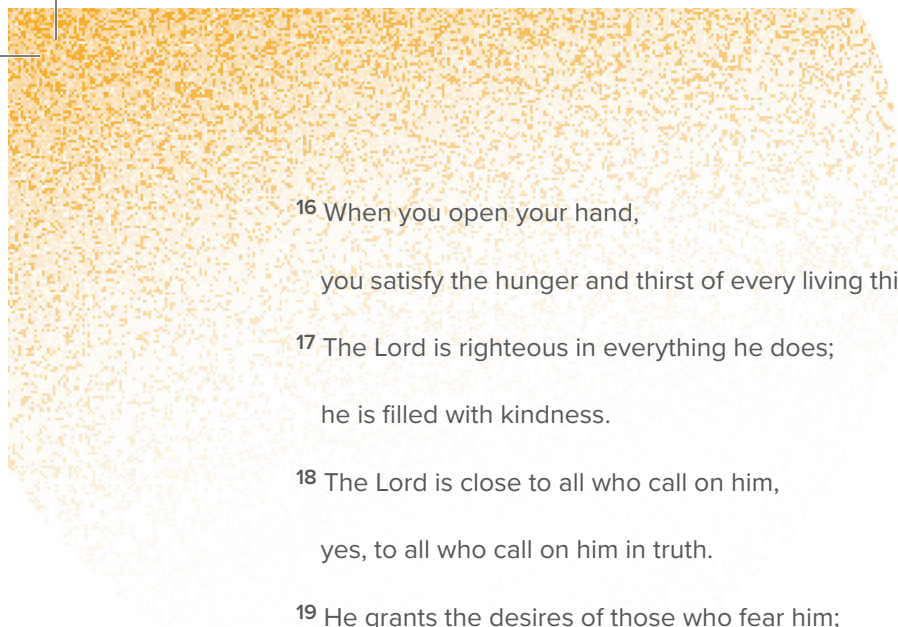
<sup>12</sup> They will tell about your mighty deeds  
and about the majesty and glory of your reign.

<sup>13</sup> For your kingdom is an everlasting kingdom.  
You rule throughout all generations.  
The Lord always keeps his promises;  
he is gracious in all he does.

<sup>14</sup> The Lord helps the fallen  
and lifts those bent beneath their loads.

<sup>15</sup> The eyes of all look to you in hope;  
you give them their food as they need it.



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- 16 When you open your hand,  
you satisfy the hunger and thirst of every living thing.
- 17 The Lord is righteous in everything he does;  
he is filled with kindness.
- 18 The Lord is close to all who call on him,  
yes, to all who call on him in truth.
- 19 He grants the desires of those who fear him;  
he hears their cries for help and rescues them.
- 20 The Lord protects all those who love him,  
but he destroys the wicked.
- 21 I will praise the Lord,  
and may everyone on earth bless his holy name  
forever and ever.

# PSALM 77

For Jeduthun, the choir director: A psalm of Asaph.

<sup>1</sup> I cry out to God; yes, I shout.

Oh, that God would listen to me!

<sup>2</sup> When I was in deep trouble,

I searched for the Lord.

All night long I prayed, with hands lifted toward heaven,

but my soul was not comforted.

<sup>3</sup> I think of God, and I moan,

overwhelmed with longing for his help. Interlude

<sup>4</sup> You don't let me sleep.

I am too distressed even to pray!

<sup>5</sup> I think of the good old days,

long since ended,

<sup>6</sup> when my nights were filled with joyful songs.

I search my soul and ponder the difference now.

<sup>7</sup> Has the Lord rejected me forever?

Will he never again be kind to me?

<sup>8</sup> Is his unfailing love gone forever?

Have his promises permanently failed?

<sup>9</sup> Has God forgotten to be gracious?

Has he slammed the door on his compassion? Interlude

<sup>10</sup> And I said, "This is my fate;

the Most High has turned his hand against me."

<sup>11</sup> But then I recall all you have done, O Lord;

I remember your wonderful deeds of long ago.

<sup>12</sup> They are constantly in my thoughts.

I cannot stop thinking about your mighty works.

<sup>13</sup> O God, your ways are holy.

Is there any god as mighty as you?

<sup>14</sup> You are the God of great wonders!

You demonstrate your awesome power among the nations.

<sup>15</sup> By your strong arm, you redeemed your people,

the descendants of Jacob and Joseph. Interlude

<sup>16</sup> When the Red Sea saw you, O God,

its waters looked and trembled!

The sea quaked to its very depths.

<sup>17</sup> The clouds poured down rain;

the thunder rumbled in the sky.

Your arrows of lightning flashed.

<sup>18</sup> Your thunder roared from the whirlwind;



the lightning lit up the world!

The earth trembled and shook.

**19** Your road led through the sea,  
your pathway through the mighty waters—  
a pathway no one knew was there!

**20** You led your people along that road like a flock of sheep,  
with Moses and Aaron as their shepherds.

## Questions

Rewrite Psalm 77 in your own words. What is the author saying?

In verses 7–9, the author brings up some challenging questions. Which of those questions do you often ask of God?

What truths do you see in this Psalm about who God is?

# PSALM 99

<sup>1</sup> The Lord is king!

Let the nations tremble!

He sits on his throne between the cherubim.

Let the whole earth quake!

<sup>2</sup> The Lord sits in majesty in Jerusalem,

exalted above all the nations.

<sup>3</sup> Let them praise your great and awesome name.

Your name is holy!

<sup>4</sup> Mighty King, lover of justice,

you have established fairness.

You have acted with justice

and righteousness throughout Israel.

<sup>5</sup> Exalt the Lord our God!

Bow low before his feet, for he is holy!

<sup>6</sup> Moses and Aaron were among his priests;

Samuel also called on his name.

They cried to the Lord for help,

and he answered them.

<sup>7</sup> He spoke to Israel from the pillar of cloud,  
and they followed the laws and decrees he gave them.

<sup>8</sup> O Lord our God, you answered them.  
You were a forgiving God to them,  
but you punished them when they went wrong.

<sup>9</sup> Exalt the Lord our God,  
and worship at his holy mountain in Jerusalem,  
for the Lord our God is holy!



# GUIDED PRAYER

## Response to Psalm 99

Heavenly Father,

You are King over all! The angels worship you day and night; holy is your great and powerful name. (vs 1–2) God, you care about the evil in the world being punished. You are the true standard for fairness. Today I rest in the fact that you desire for me to bring to you all I wrestle with. I want to lift up

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Just as you heard the Israelites' cries, Father, hear mine and answer me. I exalt your name and come to your feet. (vs 3–6)

God, how awesome and powerful you are! You have always provided your people with what they need. Today, I am asking for

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Let your will be done and your name get the glory! Forgive me for

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and help me turn away from my sin and towards you. (vs 7–8)

Holy are you, Lord. Help me to recognize your faithfulness in my life this week and praise your holy name. (vs 9)

HOLY

70

Amen

# PSALM 111

<sup>1</sup> Praise the Lord!

I will thank the Lord with all my heart  
as I meet with his godly people.

<sup>2</sup> How amazing are the deeds of the Lord!

All who delight in him should ponder them.

<sup>3</sup> Everything he does reveals his glory and majesty.

His righteousness never fails.

<sup>4</sup> He causes us to remember his wonderful works.

How gracious and merciful is our Lord!

<sup>5</sup> He gives food to those who fear him;

he always remembers his covenant.

<sup>6</sup> He has shown his great power to his people

by giving them the lands of other nations.

<sup>7</sup> All he does is just and good,

and all his commandments are trustworthy.

<sup>8</sup> They are forever true,

to be obeyed faithfully and with integrity.

<sup>9</sup> He has paid a full ransom for his people.

He has guaranteed his covenant with them forever.

What a holy, awe-inspiring name he has!

<sup>10</sup> Fear of the Lord is the foundation of true wisdom.

All who obey his commandments will grow in wisdom.

Praise him forever!



## Reflect:

Reflect on the command to praise the Lord. (vs 10) How can you cultivate a spirit of thankfulness and worship in your daily routine?

Write in your own words what it means that God is holy.

What does it look like for you to grow in holiness?



# NOTES

## For Further Study

Psalm 99  
Leviticus 19:2  
Job 34:10  
Isaiah 47:7  
Psalm 29

## Songs

*Forever and Ever Amen*  
*Hallelujah Here Below*  
*(Paradoxology)*  
*Only A Holy God*



HOLY

73

# NOTES

HOLY

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HOLY

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# PSALM 150

<sup>1</sup> Praise the Lord!

Praise God in his sanctuary;

praise him in his mighty heaven!

<sup>2</sup> Praise him for his mighty works;

praise his unequalled greatness!

<sup>3</sup> Praise him with a blast of the ram's horn;

praise him with the lyre and harp!

<sup>4</sup> Praise him with the tambourine and dancing;

praise him with strings and flutes!

<sup>5</sup> Praise him with a clash of cymbals;

praise him with loud clanging cymbals.

<sup>6</sup> Let everything that breathes sing praises to the Lord!

Praise the Lord!



# NOTES





# NOTES







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**GOOD**

**JUST**

**MERCIFUL**

**HOLY**