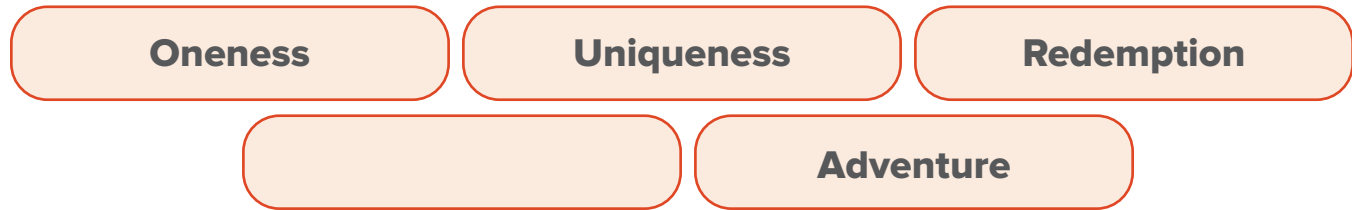


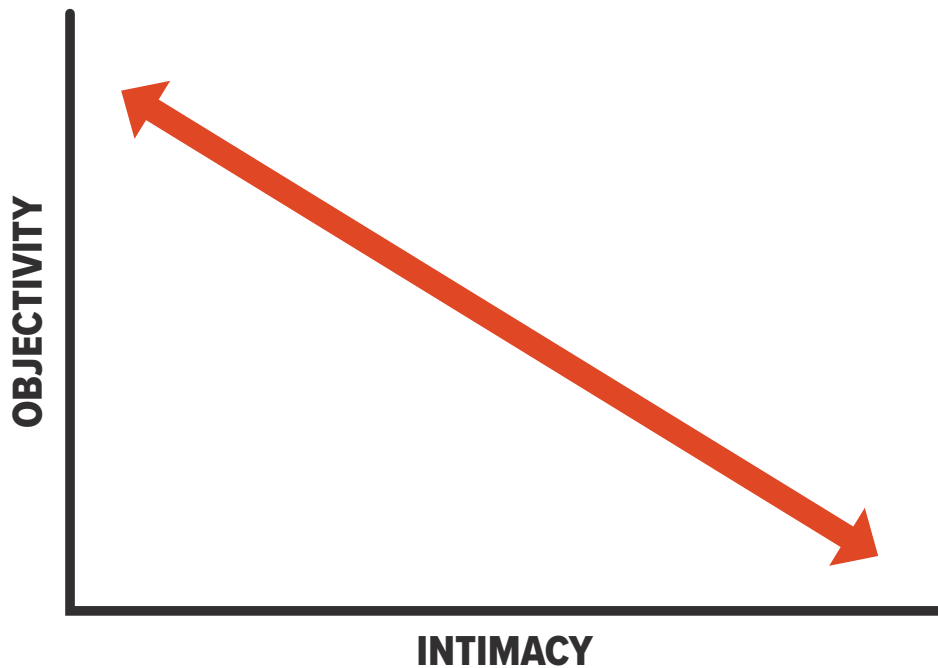
# SESSION 5

## A Call to Intimacy



Intimacy: Cultivating \_\_\_\_\_ between \_\_\_\_\_.

- When men hear the word “intimacy,” they tend to think \_\_\_\_\_. When women hear the word “intimacy,” they tend to think \_\_\_\_\_.
- Sex and intimacy are not the same; sex is a subset of intimacy.
- Intimacy only thrives in the context of \_\_\_\_\_.



- Counter-intuitive idea: the \_\_\_\_\_ of a marriage cause sex to be better and intimacy to thrive.
- Sex is both an \_\_\_\_\_ of intimacy and a builder of intimacy.

## OBSTACLES TO INTIMACY

1. Not creating a safe environment where she can \_\_\_\_\_.
2. Making sex about yourself.
3. Stopping the \_\_\_\_\_.
4. Finding gratification \_\_\_\_\_ of your marriage.

**Sex is not the greatest need, \_\_\_\_\_ is.**

## WAYS TO CULTIVATE INTIMACY

[illegible]

## Discussion Questions

1. Is the level of intimacy in your marriage moving in a positive or negative direction? Why?

2. Which of the obstacles to intimacy most resonated with you? Which of the ways to build intimacy stuck out to you?

3. What do you need to communicate to your wife in light of this session?