

SESSION 5

A Call to Intimacy

Oneness

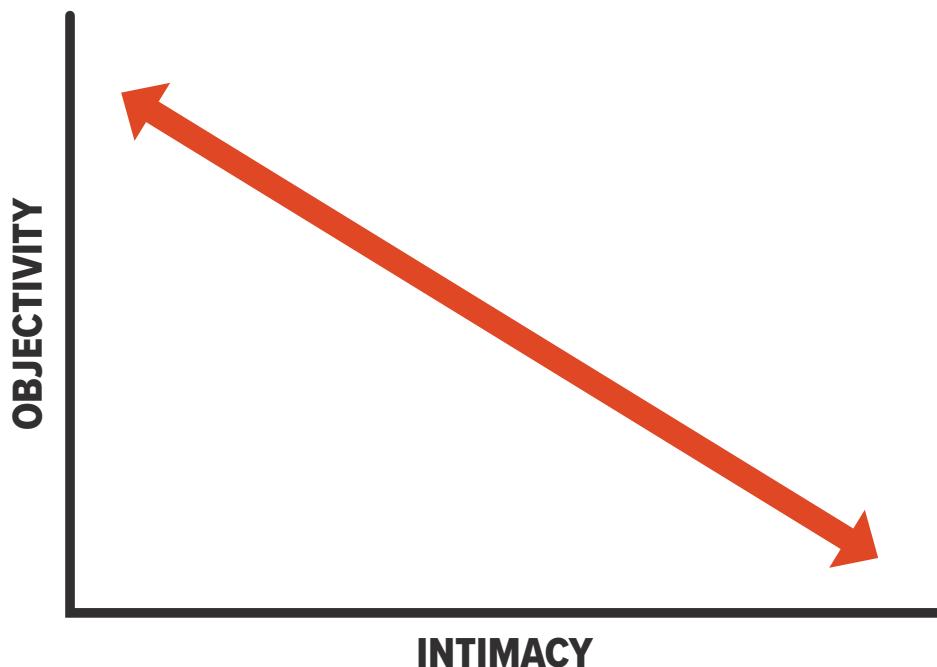
Uniqueness

Redemption

Adventure

Intimacy: Cultivating _____ between _____.

- When men hear the word “intimacy,” they tend to think _____. When women hear the word “intimacy,” they tend to think _____.
- Sex and intimacy are not the same; sex is a subset of intimacy.
- Intimacy only thrives in the context of _____.



- Counter-intuitive idea: the _____ of a marriage cause sex to be better and intimacy to thrive.
- Sex is both an _____ of intimacy and a builder of intimacy.

OBSTACLES TO INTIMACY

1. Not creating a safe environment where she can _____.
2. Making sex about yourself.
3. Stopping the _____.
4. Finding gratification _____ of your marriage.

Sex is not the greatest need, _____ is.

WAYS TO CULTIVATE INTIMACY

Discussion Questions

1. Is the level of intimacy in your marriage moving in a positive or negative direction? Why?
2. Which of the obstacles to intimacy most resonated with you? Which of the ways to build intimacy stuck out to you?
3. What do you need to communicate to your wife in light of this session?