



## Holy – Lesson 5

**4K and 5K**

**Divine Attribute:** God is holy

**Heart Response:** Repent

**Memory Verse:** Romans 6:23

“For the wages of sin is death, but the free gift of God is eternal life through Christ Jesus our Lord.”

### Points of Emphasis:

1. Jesus is God’s Son.
2. Jesus is perfect and holy, but we are sinners.
3. Sin separates us from God.
4. Jesus came to save us from our sins.
5. We need to be sorry for our sin.

### PERSONAL PREPARATION

It’s the greatest story ever told. The entire Bible points to this moment—when Christ would come and restore the relationship between God and his people. And so often we forget that this is what it’s all about! Jesus was born to die, to take on our sin and shame, so that we could be reconciled back to our Heavenly Father. It’s the best news of our lives!

As you prepare to share the incredible news of our holy and redeeming Savior with your class, take some time to reflect on what this news means in your own life. Do you share in the joy of the crowd on Palm Sunday—welcoming Jesus with shouts of praise? Do you lift him up as your Savior and King—the answer to the sin and brokenness in your life? Or are you like Peter—hesitant to admit that you are a Christ follower and conforming to those around you? Pray and seek God’s wisdom and guidance. Repent to the one and only Holy God—the One who loves you so much that he came to earth to redeem your whole life and make it brand new. We were meant to live a life in a perfectly beautiful relationship with our Creator, one where we worship our worthy and Holy King with all of our lives. And because of his sacrifice, we can do just that.

You have an incredible opportunity now to participate in God’s amazing love story and share with his children how he came to rescue and redeem us. He loves us so much that even though he does not need us, he wants us. He treasures our relationship and loves us so much that he died so that we may have life with him.

### CENTER TIME

*10-20 minutes as the kids begin to arrive*

To help the children transition into class, please use a center format at the beginning of each service. Set up three centers in your classroom to allow children options of activities. Ideas include, but are not limited to:

1. Read books on the floor.
2. Color at the table.
3. Play with blocks on the floor.
4. Play with puzzles at the table.
5. Play with Play-Doh at the table.

### OPENING ACTIVITY

*10 minutes at the start of service*

The following activity is provided to begin engaging the children for the upcoming lesson. As the teacher of your class, you have an important opportunity to come alongside the parents of these children to teach them about God.

### Resurrection Eggs

#### Supplies:

Set of Resurrection Eggs (one per bin)

**Today, we are going to review what our lessons have been about the last few weeks. I want us to use the Resurrection Eggs and see how much we remember.** (Find the egg with the donkey.) **The first egg we looked at is this one.** (Open the egg and show the children the donkey.) **Do you remember what a donkey had to do with Jesus**

**being treated like a king?** (Allow the children to answer. If they don't remember, you can share the answer with them. Encourage any answers that come close and gently correct any wrong answers. Continue with the other eggs the same way.)

- **Donkey** - Jesus rode into Jerusalem on a donkey, and people laid branches and coats down as they shouted praises to Jesus and called him their king.
- **Cup** - Jesus had a special meal with his disciples and told them to share the bread and cup of wine to remember him and what he did for us; he gave his life on the cross so we could have forgiveness for our sins. We now call this the Lord's Supper.
- **Praying hands** - Jesus prayed in the Garden of Gethsemane for himself, his disciples, and every one of us who would believe in him.
- **Crown of thorns** - Pilate had the soldiers place a purple robe on Jesus, put a crown of thorns on his head, and make fun of him for saying he was a king. Then Jesus was crucified.

**Now, I want us to look at two new ones.** (Open the egg with the stone.) Our lesson today is going to have something to do with a stone. The stone in the lesson is going to be very large and heavy. **What does it mean if something is heavy?** (Allow the children to answer.) Yes, it means it is hard to pick up or move. Let's look in this other egg and see what is in here. (Open the empty egg.) **This egg is empty. I wonder what that might mean.** Listen to the lesson and then see if you can tell me what was empty?

## **BIG GROUP TIME**

*please check your classroom schedule*

Please talk to your class about the purpose of this time—to have fun worshiping God together. Give your class practical ideas of what this means (obey the teachers up on the stage, sing and praise God with a happy heart, keep your hands to yourself, etc.). Teachers, you are crucial in helping create a peaceful, orderly environment to worship God during this time. Thank you for your help!

## **SMALL GROUP TIME**

25-30 minutes

### **Bible Story**

**Supplies:**

Bible (Matt. 28:1-8, Mark 16:1-8, Luke 24:1-10)

**Who remembers our memory verse?** (Allow children to answer and encourage those who try.) Our memory verse comes from Romans 6:23 “The wages of sin is death, but the free gift of God is eternal life through Christ Jesus our Lord.” Let's say that together. “The wages of sin is death, but the free gift of God is eternal life through Christ Jesus our Lord.” **Can anyone say that verse?** (If anyone volunteers, let him/her say the verse and encourage any attempts.) **Let's say the verse together again.** “The wages of sin is death, but the free gift of God is eternal life through Christ Jesus our Lord.” Romans 6:23.

While we hear the lesson, listen for something about a stone and something that is empty. I will ask you at the end to see if you can tell me. (Teachers, open the Bible in your classroom to Mark 16.) Today, our lesson comes from chapter 16 of the book of Mark in the Bible. Remember, last week we talked about Jesus' friend, Joseph of Arimathea (ehr-uh-muh-THEE-uh), putting Jesus' body in his tomb. The tomb was in a cave and to seal the cave, a huge, heavy stone was rolled in front of the door so no one could get in. This stone was so heavy, it took several strong men just to roll it in front of the door. Then Pilate, the governor, had a seal placed on the tomb and guards stationed at the tomb.

On the third day after Jesus has died on the cross, Mary Magdalene, Mary (the mother of Jesus), and Salome bring spices and perfumes to put on Jesus' body. They go just as the sun is coming up. As they walk there, they ask each other, “Who is going to roll away the stone from the door of the tomb for us?” But when they get there, the stone that sealed the door of Jesus' tomb has been rolled back! They are able to get inside the tomb. When they go inside, there is a man in a long white robe sitting on the right side, and they are very surprised!

**The man says to them, “Do not be surprised. You are looking for Jesus of Nazareth, who was crucified. He is risen! He is not here. See the place where they laid him. Go and tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he said to you.”**

**The women quickly leave the tomb because they are so amazed. After that, Jesus appears first to Mary Magdalene, and she goes and tells the disciples that she has seen him. The disciples do not believe her, but later, Jesus appears to the disciples. When they see him, they believe!**

**Jesus appeared to the disciples and to others many times over the following few weeks and gave them instructions on what he wanted them to do. Then after 40 days, Jesus went to heaven to be with God, the Father. He promised to send a special helper, the Holy Spirit, to live in our hearts. The Holy Spirit is the Spirit of God that lives in the heart of all those who ask forgiveness for their sins and ask Jesus to be their Savior.**

## **Prayer**

Prayer time may not be appropriate immediately following story time. If this is the case, we ask that you be intentional about praying spontaneously or formally with the children at other times during class.

**Father God, thank you for sending Jesus to this world to die for our sins and for raising him from the dead. We pray that everyone here will ask forgiveness for their sins and ask Jesus to be their Savior. Thank you for the Holy Spirit who helps us to live in a way that pleases you. Amen.**

## **“The Tomb”**

### **Supplies:**

Half a paper plate (one per child)  
Tomb opening rectangle (with “He is not here! He is risen!”) (one per child)  
Brown construction paper 3” circle (one per child)  
Bag of brown construction paper scraps (one per bin)  
Brad (one per child)

Glue sticks or glue  
Hole punch

**Today, we are going to make a tomb like the one Jesus was buried in.** Give each child a paper plate half, several pieces of brown construction paper scraps, and a glue stick. If your bin has sheets of brown paper, have the children rip it into smaller pieces to glue onto the plate. Have them glue the brown paper scraps onto one entire side of the plate. Next, have them glue the “He is not here! He is risen!” rectangle to the center of the bottom of the plate (the flat edge) to be the opening of the cave. Put the brown circle over the rectangle (the opening of the cave). Punch a hole through the SIDE of the circle going all the way through the plate. Help them put a brad through the hole so that the circle can roll in front of the cave opening and roll away. (See craft sample picture.)

\*\*\*Have fun and let them do the crafts themselves, as much as possible. This is a hands-on way for them to learn who God is and remember what they learn. It doesn’t matter if they place the label or stickers in the wrong spot. What matters is teaching them who God is. \*\*\*

## **SNACK & ADDITIONAL ACTIVITIES**

*last 30 minutes*

Please wash the children’s hands before snack time and say a prayer thanking God for the food. As they are eating their snack, please take time to go over the review questions.

## Review Questions

- 1. Did you hear about a stone in the story?** (A heavy stone was put in front of the door of Jesus' tomb to seal it. It was rolled back when Mary Magdalene, Mary the mother of Jesus, and Salome came to the tomb on the third day.)
- 2. Why was the tomb empty?** (Jesus was no longer in the tomb when the women came to the tomb. The angel said he had risen!)
- 3. Did Jesus appear to the disciples?** (Yes.)
- 4. Where did Jesus go when he left this world?** (He went to heaven.)
- 5. Who did Jesus say he would send to help us?** (The Holy Spirit)

## Build a Tomb

### Supplies

Blocks

Have the children work together to make a large tomb out of the blocks in the classroom. Talk to them about how Jesus was taken to his tomb after he died, but he didn't stay dead. Have the children take turns lying down in the tomb. Let the children complete the tomb around the child lying down. Then, have the children close their eyes and count to three. Help the child lying down in the tomb to sneak out as you slowly count to three. Then, tell the children it is the third day and the stone was rolled away. Let the children knock the tomb apart and see that the tomb is empty. Let the children cheer, "Jesus has risen!" or "Jesus is alive!"



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